

SEVEN DAYS

LEGISLATIVE 'ALLOWANCE'

Are the pols cheating taxpayers? PAGE 14

Romance & Bridal Issue



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FEEDback

READER REACTION TO RECENT ARTICLES

MEDIA ISSUE, THE SEQUEL?

I love the oft-cited mock Twitter cover on your front page, and Dan Bellet's profile of Donna Stark and Free Vermont Radio was wonderfully written [I've at last!]

January 27].
But, folks? That you devote most of your so-called "media" issue to Twitter and a bunch of bloggers...

Sure, Twitter is fun, and I appreciate Anne Galloway's courageous testimony. Jon Margolis' astute wit, and the still important review and screenings of GMD go bag John O'Hara and his lovely cyber-pet-bully JD "Bendy" in the Grindhouse? Ryan (aka anonymous blogger/cause campaigner Thomas Kewley?) as much as any Vermontan blogger...

But what if Vermont is taking more media community? Or the Web 2.0 are going and weekly reporting of a whole raft of local weekly newspapers around the state? Or the digital networking of Vermont's more than two dozen community cable TV providers? Or Vermont's employment of the response market? Noble Green Mountain, Vermont Sports, Local Journal? Or our own Vermont Community...

Voice of Independence and media news journal, circulating 10,000 copies of our bimonthly in 200 locations all over the state, with more than one dozen regular bloggers?

And, yes, no mention of Vermont's best magazine, *Learn!* the Vermont Way?

I expect a follow-up issue -- "What's happening to Vermont Media, Part Deux?" -- very soon.

Or just rest on your thoughts.

Until then, free Vermont, and long live the United States.

Ron Williams
ANTIFIELD
Williams is a editor and publisher of Vermont Community Voice of Independence

"STUCK" ON EVAS VIDEOS

Since that inception, I have watched and enjoyed Ben Belberger's "Stuck in Vermont" video series. ["Days Happen," January 20] was particularly good, as Ben explained a complicated medical condition/procedure from her own personal perspective.

She intelligently explained over one episode via interviews, graphics and

TIM NEWCOMB



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LOOKING FORWARD



Romance & Bridal Issues: This good thing, Valentine's Day comes in February to throw us out a bit. Being on the flowers and roses date, lots of romance often translates into eggs, honey, our old theme. And happily in Vermont wedding is still in the issue as we set a high-tech ring designer and an old-school wedding dress consultant. We request the Big Day photos of a few well-known Vermonters and take a sobering look at... divorce. We get to the bottom of our one local jewel and share our take on just a few more interesting facts. *Edith Love*

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VIDEO

Mark in Vermont: The Lake House Film Project - Vermonters invite you to help make a movie for the future. The documentary features local actors from the Lake House Film Project.



www.vt.org/LakeHouseFilmProject



FUN STUFF

20 tonight's special
24 new music
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SAURDAY 6

Big Shoes to Fill ①

After building Check Wadsworth's excitement and screening a film, double check *The Green Mountain Club's Snowshoe Festival* comes to town! Don a pair of outdoor winter footwear — snowies or snowies — and off you go! For a series of beautifully snow blanketed woods and fields after their downpours and quiet steps up Mt. Mansfield and Camel's Hump, why top off the day?

SEE CALVIN'S SPINNING ON PAGE 10

IF YOU LIKE THE SOUND OF THIS
DON'T MISS:

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AND FENCIBLE FLINGS, SATURDAY 6
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SATURDAY 6, PAGE 11

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SATURDAY 6 - SUNDAY 7

Ice Ice Baby

February had a double celebration, giving us the return of daylight hours and breaking up the dreary winter. This week it's off to the south, long *"Sweet Ice in Grand Falls"* festival, chock full of ice skating, sled dog demos and local (re)en — yes, on the frozen lake, ice golf! It's a great Friday day and the shovels down are put away in the coming weekends.

SEE CALVIN'S SPINNING ON PAGE 10

FRIDAY 5

Rhyme and Reason

Send in a c makes the world go round? It's no wonder one line benefit contains on a full blown concert. Native American Catlin Conley takes local indie song a great Friday night. *"Dread and Hope in the Street"* Concert and Marchington Mass. quartet David's supply catchy choruses and string rock and rumbas. With funds raised to support Pure Water for the World's clean water initiative in Haiti, there's no better reason to celebrate.

SEE CALVIN'S SPINNING ON PAGE 10

③



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SUNDAY 7
Big Fish

Michael Capron's Musical Mania and Wonderworks may feel more like entering one of your wildest dreams than a wacky musical performance. With painstakingly detailed hand-drawn backdrops—expect to see everything from a giant basket of totem suns—and musical storytelling, this whimsical and physical production is a night for all ages to see.

SEE CALENDAR LISTING ON PAGE 80



6 ONGOING
A Tangled Web

If a mark of good art is its power to influence viewers, the Soviet poster genre works currently on display at UVM's Runking Museum likely achieved that. In their heyday, "Kisses and the Views: Soviet Political Posters and Cartoons" showcased decades of graphic arts intended to further the Soviet cause. Nowadays, this genre is still pretty tough to pin down, as is evidence of the reasons for its Russian resurgence toward the U.S.

SEE ART REVIEW ON PAGE 80



5 TUESDAY 9
A Matter of Life and Death

Thinking about cancer and death may not put most of us in the mood for a night out. *The Brecklen Developmental Night* artfully addresses such heavy topics, as well as life's lighter moments. In their debut, *Black in Difference* is a *Black in Difference* series. Indeed, but it works. *Peppermint* dubs the African-American drag queen and transsexual performer as a "pink queen." Color us intrigued.

SEE MUSIC LISTING ON PAGE 80

SUNDAY 7
Beaten to the Punch

Ready to have your toes rub to the Winter Olympics? You can catch Vermont's former paralympian at *Scrap Arts Music*, jamming at the middle of Main Street following 14. Get Vermonters in the know will give us the performance at the Figue this week. The quartet recycles industrial odds and ends into one-of-a-kind instruments that take us on a journey of technology and time.

SEE CALENDAR LISTING ON PAGE 80



everything else...

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CLASSES	PAGE
ART	PAGE
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FAIR GAME | Open season on Vermont politics BY SHAY TOTTEN

Time Out!

You have to give Gov. **JIM DOUGLAS** credit for impeccable political acumen. Just take his "time out" announcement to the legislature concerning the future of Vermont

Yankee

Thanks to Douglas, legislative business won't get in jeopardy the "traffic out" of his pole at Entergy. It's not like they lost—and then found—an underground pipe carrying radioactive material. Oh, wait, they did! Darn.

Could it be a sign that Douglas didn't like being ignored by top Entergy execs who failed to return his phone call for a week? Nah.

Politically, VY's referendum was becoming hotter than the planet's surface over the Connecticut River. With all Sen. Democratic support to VY's referendum, Lt. Gov. **BRANDY DUNN** was winging out there on this issue.

Why stop with Entergy? Douglas could usher in a new "money" state on in Vermont by issuing additional "time outs" to executive fiat. He could order:

- A "time out" in the nearly 30 year reign of Progressive answers in Burlington City Hall. He could appoint Republican **KURT HANSEN** as interim mayor until the Burlington Television Studio, the Maine Plant and Champlain Parkway issues are all settled.

- A "time out" on a bill introduced by Sen. **TOM HASE** (D-Ft. Greenlee) lowering the commissioner of public service from taking a job with any utility he regulates for five years after leaving government. With two former top aides — **MIKE GUTY** and **SARAH HANDEL** — headed to Portland and former aide **MIKE HANSEN** at the Vermont Chamber of Commerce, Douglas needs a lot more time to find a private sector post for research **BARB ERIKSEN**.

- A "time out" as legislative "fixes" as lawsuits by "out of state environmental groups" to thwart harmless weekend ATV recreation on just three tiny bitty tracts on state lands. What could possibly go wrong?

- A "time out" as the legislature session scheduled to reveal any money disagreements with a "super duper Democratic majority."

Finally, the governor could call a "time out" on the Democratic gubernatorial

primary. Who wants to listen to five wannabe guys bark Douglas' right peer legacy for the next seven months? Certainly not Brian Dabbs.

Labor of Love

Candidates from across the political spectrum made their respective cases on Monday before approximately 50 Vermont labor leaders at an all-day AFL-CIO legislative forum.

WHY STOP WITH ENTERGY?

DOUGLAS COULD USHER IN A NEW "NANNY" STATE ERA IN VERMONT BY ISSUING ADDITIONAL "TIME OUTS" VIA EXECUTIVE FIAT.

Representative **Integrity** hopeful **MARK UHLMANN** was there, talking up his back-ground as a union forestry worker.

Both of U.S. Sen. **PATRIK LEAHY's** challengers — Democrat **DAVE FRUCHAN** and Republican **LEE SWANSON** — impressed the few attendees "Fair Game" interviewed after the event. One participant offered this synopsis: All they need is a little media attention and cash in the bank, and either could make it a good race.

Simple as that, eh?

Most candidates get 35 minutes each to deliver their best worker-friendly stump speech.

The five would-be Democratic governors debated for an hour. Not surprisingly, Sen. **UHAN BARTLEY** (D-Lewiston), former Windsor County Rep. **DAVE SWANEY**, Secretary of State **DR. ROBERTO GARCIA**, Sen. **DAVID BARNES** (D-Champlain) and Senate President Pro Tem **PETER VERHAGEN** (D-Windham) agree a lot. All five say top closing down VY by 2012, moving toward universal health care, and no reductions in unemployment benefits.

In the end, though, Barnes definitely

"won" the debate. The quiet candidate let his inner liberal lion roar a little, saying repeatedly he was in the race to "fight" for the folks in the room. That, along with his calls to use more rainy day funds and temporarily raise taxes on the wealthy, makes Barnes the candidate most likely to appeal to the party's liberal, primary voting base.

Republican Gov. **DOCK DUNHAM** used some of the same budget strategies to get the state out of a fiscal crisis in 1991. Barnes put it out.

As for the most Democratic and Shandon trail for second, each with his unique pro-labor organizations, and Northern Newfoundries were heralded managed to win over a skeptical audience.

Barnes urged them to back a candidate — and vote. "It's longer we go until September 14, the more time our opponents are talking to the folks you have to talk to in order to win in Vermont," said Shandon.

Dunham went on to the all-day forum as well, but he declined because he had "a pre-existing scheduling conflict," said **CHERYL BLISS**, Dunham's campaign manager.

I wonder if his health insurance plan covers that condition.

A Weekend with Barnes

A similar fare was absent from Sunday's labor law first Vermont's Independent Sen. **BRANDY HANSEN**. Where was the Left's working class hero?

According to a Politico report, Barnes was hanging out with colleagues, lobbyists and special interest groups at the Democratic Senatorial Campaign Committee's winter retreat — in Maine.

"The meeting was an opportunity for informal discussions about the direction of the Democratic Party and how to move it in a more progressive direction," said **ANDREW BARNES**, a Barnes spokesman. "Leaders of trade unions, senior citizens' organizations, environmental groups, health care reform advocates and human rights organizations were in attendance, as well as lobbyists for other interests."

Those "other interests" include Lockheed, the American Bankers Association and Abnig Quate the progressive branch.

Despite appearances, Barnes

Vermont Legislators Admit to Cheating the System. Are They Justified?

BY ANDY BROMAGE

Senate Rep. David Zuckerman (D-Burlington) has a conference to make that might sound to some like political suicide.

He'll be taxpayers for his "mileage" to and from the Statehouse — as much as \$151 a week — even on days when he gets a ride with fellow lawmakers or lobbyists.

Zuckerman also takes full advantage of the \$84 daily meal allowance afforded to legislators when they are in session, but admits he rarely spends that much on food.

"Every day I claim the mileage, and I probably shouldn't," says Zuckerman, a perennial Progressive who runs an organic vegetable farm in Hinesburg. Beyond that, though, Zuckerman isn't apologizing for his behavior.

How does he get away with what would be described as fraud?

Legislators aren't required to submit receipts for their mileage, meals or lodging expenses during the regular legislative session. In January they simply fill out a form indicating what they expect to spend and then collect biweekly "pay sheet" checks based on their claims. It's an honor system. If their circumstances change, legislators are supposed to file a "change" form all-punting their claim up or down.

Vermont lawmakers and state employees get the same reimbursement rates as federal employees: 50 cents a mile, \$93 a night for lodging and \$84 a day for meals. Lawmakers usually voted themselves a 5 percent pay cut in solidarity with recessed or impaired voters, it should \$300,000 off their collective salaries. Meanwhile, reimbursement rates



EVERY DAY I CLAIM THE MILEAGE. AND I PROBABLY SHOULDN'T.

REP. DAVE ZUCKERMAN

POLITICS

for meals and lodging increased. For their expenses in 2010 could cost as much as \$90,000 more than in 2009.

Zuckerman was virtually alone in opposing the salary reduction, but contends it was a political maneuver that had nothing to do with saving taxpayers money.

The 58-year-old former justice collector more for mileage and food than he actually spends by considering it as part of his overall compensation. Legislator

pay doesn't cover constituent meetings, cellphone calls and travel to spend time after the session ends, he notes. Mileage and meals put another \$60,000 in Zuckerman's pocket each year — more for some lawmakers who drive further or stay overnight more often. Claiming the full reimbursement even trips out, he says.

To illustrate his point, Zuckerman has documented a decade of policy pay

raises. Over the life of the Statehouse cafeteria, he explains a horrendous spreadsheet that demonstrates how his pay has ballooned over the 17 years he's been a legislator.

Just pay for a legislator is \$625 a week, for as long as the session runs, and \$105 a day for official off session work — special sessions, summer sessions, etc. Legislation still get introduced for expenses incurred outside the session.

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but they have to produce receipts for them. Since 1997, Rackemann's overall compensation — base salary plus expenses — has risen at an average 1.5 percent per year, far less than the cost of living adjustments afforded to most state employees.

"We signed up for this," Rackemann says. "I'm not complaining. I'm just trying to present the facts of what we do and what we've compensated."

Many lawmakers said it doesn't cost them \$40 a day to fill their bellies, not \$100 a night to crash on Motelopolis — a room at the Capital Plaza runs \$106, but many lawmakers make more affordable arrangements, such as renting apartments together. Several politicians are reviewed by Steven Dapunt and they pocketed the difference, though some as rightfully as Rackemann.

Sen. Vince Iliuzzi (R-Rose/Deerfield) often crashes with his parents, who live on the Route 100 property Road. Iliuzzi says he pays no rent to his "rents," but says his lodging allowance to help pay their heating bill. Even so, Iliuzzi admits that contribution doesn't cost anywhere near \$10 a night. Sen. Road, Iliuzzi estimates he spends between \$10 and \$20 per day.

Differences differ sharply when it comes to benefiting financially for sales not driven, hotel rooms not occupied, and meals not eaten. Iliuzzi says he doesn't keep track. Rackemann or any other lawmaker who keeps the cash, because lawmakers do work in the off season and don't get paid for it. That said, Iliuzzi reduced his reimbursement amount after missing four days at the Capital last month.

State Sen. Randy Brock (R-Barnes) is one of a smaller. During the first pay period of January, the former Vermont justice had his state \$144 for eight days of driving to and from Montpelier, and eight days of meals at \$51 per day. But when business called Brock out of town unexpectedly, the senator found he needed reimbursement for only seven days. So he filed a "change" form with the payroll office to reflect his true costs. The savings to taxpayers: \$101.

"We're paid for the mileage we actually use," Brock says. "And I don't believe I should be paid if I'm not doing what was contracted. We have no statute on amount legislators are paid and an amount of all lawmakers that legislators get, and I think we have to live with that."

One hundred thirty-one bucks might sound like cheap change in light of the state's \$150 million budget deficit, but Brock says it's the principle that matters. Yet, even he admits to spending

less than half the \$60 daily meal allowance he collects. Brock estimates 70 miles into the capital from Benning each day, and guesses he spends no more than \$10 for lunch, coffee and a morning snack most days he's there. That's not the case for every lawmaker. Brock notes.

"Some of our larger members might not substantially count," he quips. It's worth noting that the Statehouse reimbursement system, however messy, by offering economic incentives for lawmakers to eat less and expend.

Rackemann's main argument is that lawmakers earn so little money, the job is unattractive for average working Vermonters. Even after missing out his inflated daily allowances, Rackemann says his legislative pay comes to around \$16,500 — barely enough to pay the first hands he has to replace him in the fields while he's at the Statehouse.

"The pay is so low it's deterring people who are accumulating in their careers," Rackemann says. "If you look around this building, there are very few people in their prime earning years, in their thirties and forties and even early low fifties. Shouldn't we make this a position that can bring all types of expertise in the process?"

Legislative pay and reimbursement have been hotly debated for years. Sixteen years ago, Sen. Dapunt charged Peter Poyne headed Progressive state Reps. Brian Gorman and Terry Housman for double dipping. Rich claimed mileage, even when they carpooled. Both men were re-elected.

A 2004 report from the Sealing Center for Government backs up the claims by Rackemann and others that lawmakers are underpaid. The study found Vermont lawmakers received 30 percent more than in Montpelier than they did in the 1970s, and double 15 to 20 hours a week on legislative work outside the session. That salary, meanwhile, has not risen in proportion to the increased workload.

The Sealing Center recommended upping legislative salaries to bring them in line with those of average private-sector workers — \$10,000 a year at the time — and paying a portion of that over the session months they're not in session. Doing that would have put another \$150,000 on lawmakers' pockets each year, and still kept legislative pay less than twice as much of 1 percent of annual state spending, the report stated.

"No one's here to make money," Rackemann says. "But we do need to be compensated fairly relative to our other jobs we're not getting paid for." ☐

OMG! Local Author Writes, Like, Actual Book on Slang

BY ELISABETH CREAN

With so many ways to connect in our evermore-tight community, the casual language of slang emerges and daily life via many venues. And blog posts, Tweets and e-mails as well as conversations. Who has time to pen formal prose in so an e-mail to the boss? LOL! But where do you turn when you come across an unfamiliar term? Asking someone might mark you as hopelessly out-of-date.

Local author **MARY ELIZABETH** has crafted a handy and entertaining volume: *Urban American Slang Dictionary and Thesaurus*. Elizabeth privately calls

BOOKS her hybrid reference guide a "thesaurus" of "delicious words and phrases...and playful synonyms for them."

The project took Elizabeth nearly five years from conception to publication. The freelance educational product developer has written other language-related books — on poetry spelling and speech — for teachers, a large publisher of instructional titles. What inspired her to devote so much time to the seemingly simple pursuit of compiling a nearly 600-page reference work?

One catalyst resulting from slang goes a little to non-native speakers of English, such as her neighbors and some students at the University of Vermont, where Elizabeth

teaches continuing education courses. "It's important to explain what these words are and how they're used," she says, "so people can make decisions about how they want to use [them], how they want to appear. And not embarrass themselves or others unnecessarily."

The author believes a traditional thesaurus can fall short in multiple ways by not providing exact definitions, describing shades of meaning among synonyms or giving the appropriate context for different word choices. In one of my thoughts was well wouldn't it be helpful to have that information built into a thesaurus? Elizabeth recalls, "So that when you put a word, you got everything you needed."

Of course, taking on the entire English lexicon was too ambitious. Slang, however, seemed a "practically useful" target, since it comprises a small section of language that is highly complicated to people," Elizabeth explains. "It is obscure, which means that even if you know the words, you can't figure out what it means. The aim of the parts was to explain the words and put them in the appropriate context."

The book's detailed layout further features what is not professional jargon, regional dialects under slang terms. Elizabeth writes, "Standardized or somewhat English used at the extreme end of informal language and

across the population... It is often playful, sometimes vulgar, and frequently adds emotional intensity to discourse." Would this page look "as casual, playful and exuberant as [the language]?"

As the age of Google and Wikipedia took on Urban Dictionary, why create a reference book at all? Elizabeth explains that a few online sites yield the same info to her guide. "There's still — for me, at least — a certain authority connected with the publishing process in print," she states. She emphasizes the importance, and usefulness, of editorial oversight. Urban Dictionary "is anybody saying anything they want," she notes. "It has no authority. And sometimes it's just a joke." Sometimes it's just one person thinking they're funny, like defining a pork as "a dog from the north."

"With the physical book," Elizabeth continues, "there are some things that are just different." It gives the simple example of being able to turn a finger in one motion and flip back and forth to another. This old-fashioned learning allows the reader to explore and ponder, not waste time when scrolling or clicking in an electronic format — and it stands as a more vivid expression by choice. "It's less about an information source and more about a tool."

Want a print source quickly become outdated? In this case, online and publisher



specifically agreed to read trendy slang. And Elizabeth challenges the conventional wisdom about modern communication hindering language mastery: "I have a lot of pieces," she states, "that the intentional use of English and the cross-cultural conversation on the Internet in English may be extending the life of some slang! Awesome! (See page 9) ☺"

Urban American Slang Dictionary and Thesaurus by Mary Elizabeth. 592 pages. \$24.95. ISBN 978-1-934444-10-0.

VT Company Offers Unique Mementos for the Big Day

BY PAMELA PELSTON

Traditional weddings are filled with well-known, traditional heteronormative rituals, that is, which don't necessarily make sense in same-sex ceremonies. Whether some of her gay friends getting civil unions and, now, having weddings, Vermonters can have them too. Forget "somewhere borrowed." What about creating a unique way to commemorate these events?

"I wanted to create a new tradition, as presents for gay people," says the local heterosexual resident and creative director for the online company **WEDDING**. The result of her efforts is an online company called **WEDDING MARKS** and a collection of "wedding marks" — small metal

the couple's names and wedding date, along with a message.

But Mattison didn't stop there. She has designed pieces for "all the important moments in our lives: graduations, new babies, blended families — they're all getting married to each other, not just the groomsmen," she says. One wedding mark, a broad-brimmed hat, another made of three connected "wedges" recalls the renewable energy symbol, and one looks like a Celtic knot. A square piece patterned after lace cloth is "for African American weddings," Mattison says.

Holten Marks has also partnered with White Knot to design a national nonprofit devoted to marriage equality. The California-based organization's tagline is "Everyone should have the right to tie the knot." Holten Marks creates



I WANTED TO CREATE A NEW TRADITION, ESPECIALLY FOR GAY PEOPLE.

C.D. MATTISON HOLTEN MARKS

likeable plus — is a ribbon attached with other sentimental concerns — jewelry and heirlooms that are sold as the White Knot collection as well as its own.

Mattison approached Denmark to manufacture her products because, she says simply, "I love Denmark and I love Vermont — it was important to me to make our products here." When she visited the company's factory, "It just all came together," Mattison remembers. They have a legacy going back to the 18th century. I know it would be a quality business."

Mattison is planning to send wedding

cards to a gay male couple featured in the *Winter 2010* issue of *Martha Stewart Weddings*. From individuals who have so fully embraced Holten Marks' mission, the responses have been "brilliant," she says. "One woman bought a White Knot ornament for Christmas, and she said she was going to buy the ornament for her wedding in the spring. 'You guys it's not just a wedding thing.'"

Some brides want to bring the keepsakes for their husbands. Mattison notes, "The wedding date is an 'it' she points out, 'so you can never keep it your anniversary' ☺"

WEDDING MARKS is available at www.weddingmarks.com and www.weddingmarks.com.

DON'T IGNORE GAZA

Congratulations to Dan Bolles on being the only Vermont journalist to make it to the Gaza Freedom March ("Soundbites," January 18). I was one of 130 delegates from 13 countries to recently travel to Cairo with the intention of entering Gaza to march in solidarity with Palestinians against Israeli's criminal three-year siege. It does not speak well of our state's media that the sole acknowledgment of this historic event in a Vermont newspaper was in a minor column.



Dan Bolles

Though I appreciate the mention, I am obliged to clarify a couple of points. Dan's column said it soon as if we were attempting to enter Gaza through Israel and were failed by the Israelis. In fact, entering through Israel was always understood to be impossible and GPM organizers had been negotiating permission from the Egyptian government for months to allow us entry through their border, which was unexpectedly denied only days before the march was scheduled to take place. Therefore, it was the Egyptian authorities with whom we found ourselves in conflict, though anyone who is aware of the power relationship between Egypt, Israel and the U.S. can assume that Egypt was largely acting on U.S. Israeli orders.

Also, Dan implied that the turnout was far less than expected. Actually, the international turnout exceeded expectations, and many people who wished to register had to be turned away due to limitations set by the Egyptian government. The vast majority of the marchers would have been Palestinians in Gaza, though most groups in Gaza ultimately boycotted the march when it became clear that they would be alone. Details aside, if a main article can devote two paragraphs to casting light on one of the most shameful crises in the world today, "serious" journalists should be able to do at least as much.

Dan Symons
BURLINGTON

FIRST RESPONDERS...

lots of readers — including EMTs and paramedics from all over the state — had reactions to our January 20 story entitled "Paramedics on Guard? Not an Overdose, Franklin and Grand Isle Counties."

I was interested to read your critique of the paramedics system in northern Vermont. My son was about 18 months old when, while visiting friends in Poultney he had a serious seizure that compromised his breathing and which went on for about 30 minutes. When we called the ambulance, the EMTs who responded couldn't treat children under the age of 6. They couldn't administer oxygen except by blow by, they couldn't give any medication including Tylenol and Advil (which as a parent I could normally give, but because he was tech usually under their care I couldn't), and they couldn't even take a temperature.

You, we were not so rude to the hospital by someone with greater expertise. It was about 30 minutes after we had been on the road, 45 minutes from when we had called 911, and as-assisted staying the ambulance and allowing everyone to get out and climb on board. Fortunately by that time he had stopped seizing (probably as a result of the emergency medications that I carry and had given him before the paramedics arrived).

I agree that not having paramedics, especially in rural Vermont, is a concern, but think you might also want to focus on whether responders have the basic training and equipment to be able to treat any member of the community who needs medical attention.

Big Sister
MIDDLEBURY

I have been a paramedic for 32 years. I have always known that the major benefit of paramedics is not in "saving lives," as portrayed on TV. Most EMS patients will reach the hospital alive, no matter the level of care. True "saves" — where the patient would clearly have died without paramedic intervention — are rare.

But paramedics do routinely make a major impact on at least three clinical areas. First, pain relief. This article lets that out on the head. Ambulances are trucks — the ride can be bumpy and pain is aggravated. Patients suffer as a result. Paramedics make a difference.

Second, breathing relief. We have several patients today someone lives the cause. When they are fighting to breathe, even a short ambulance ride seems too long. Paramedics make a difference.

Third, cardiac arrhythmias. Not the kind that will successfully kill you — the

kind that drop your blood pressure to dangerous levels, make you feel faint, or affect your breathing. When you are on the verge of passing out and afraid that you are dying, a 20-minute ambulance ride is a very long ride. Paramedics make a difference.

But the most important area where paramedics make a difference is safety. A nonparamedic crew with any of the above scenarios must replace scene treatment with speed.

A lights-and-siren transport endangers the patient, bystanders and other drivers. By trusting in the scene, the urgency is gone and a safer transport results. These are the true "lives saved" by paramedics.

Steve Hazlett
RUTLAND

This issue is far more complicated by politics than Dr. Leffler's column of "fact." In an ideal world, Vermont EMTs would be allowed to practice at the National Registry level, adding significant skills to their scope of practice. Instead, the Vermont Health Department continues to hamstring the local EMT-1 by parceling out allowed field skills they deem to be appropriate and withholding others, even though those skills have been in practice in other states for years. It is most interesting to note that paramedics are allowed to practice in Vermont at all, an apparent nod to the fact that their skills aren't so useless. Even more interesting is that, while continuing education, training and recertification by the State of Vermont every two years is mandatory for the EMT-1, paramedics obtain their skills and are not restricted by the state, and have virtually no oversight other than the continuing education credits they must submit. 80 hours for that stated concern of rusty skills.

Is certification a necessary field drill? I say yes, in an ambulance with two crew members, one of whom is the driver. Cost of an airway, and vented by machine, leaves the medic one less thing to manage, and from him or her to coordinate other lifesaving measures. Even during short transports, minutes count, and lifesaving interventions in the field are far more important than a doctor's rusty bedside eye.

Christopher Maloney
GOVER

Maloney has been an EMT for more than 10 years, 12 of them for the town of Jarvis.

Being a paramedic in Vermont, I am saddened by the words of Dr. Leffler. "There is no improvement in survival going from well-trained EMTs to, which is what we have now, to paramedics."

Theoretically, a completely correct. Paramedics have the ability to perform some of the same lifesaving procedures as physicians in the emergency department (ED), but without a potentially lethal delay. Interventions such as intubating, needle thoracostomy, surgical cricothyrotomy, cardiac pacing, endotracheal intubation, administration and many, many more.

I have worked for Fletcher Allen Health Care for almost eight years, and in that time I have seen many examples of this. Most notably, on two separate occasions small children were brought to the ED by ambulance after choking on grapes. The EMTs were unable to dislodge the grape with basic techniques. Upon arrival to the ED, the grapes were removed with direct laryngoscopy, a paramedic-level skill, but in both cases it was too late, and the children died. Their deaths were completely unnecessary and could potentially have been avoided had the ambulances been staffed with a paramedic. This is just one of many examples that I can list, but it is one I can relate to as a father of a 2-year old. If he chokes, I want a paramedic.

In no way am I saying that paramedics will cure all ills and make everyone better in a short ambulance ride, what I am saying is that, in the most critical times, paramedics do save lives.

Jeff Patterson
BURLINGTON

I am an EMT Basic and the president of South Hero Rescue. This article causes animosity about the care that can be administered by EMTs and is in addition to what is mentioned. It can use semi-automatic defibrillators to treat cardiac arrest. They can also assist patients in taking nitroglycerin, epinephrine or an inhaler that has been prescribed to them. It can request permission to give nitro and open up as well as a handful of other medications to patients who do not have prescriptions. I know I'm splitting hairs here, but I feel it is important for all the facts to be known in decision-making processes. Incidentally, I have not made a decision one way or the other about paramedic-level care. I do think it bears careful consideration given the research, [so does] how to fit the level of care into VT's current EMS organization.

Will Warren
SOUTH HERO





THE 20/20 CHALLENGE

ONE SNOWBOARDER'S QUEST TO HIT 20 VERMONT RESORTS IN 20 WEEKS

Not many colleges can boast that they own a ski area in fact, only four can — Dartmouth, Middlebury and two community colleges in Nevada and California whose ski areas' combined vertical totals 1900 feet in Middlebury's case should count themselves lucky that not only do they have access to a ski area, but it's actually worth visiting.

If you're not a member of the Middlebury College staff or an Addison County resident, chances are you've never skied or ridden at the Snow Bowl. And that's the way the regulars like it. As long as most people head for bigger mountains, they won't have to wait in line at the Snow Bowl's three lifts.

On this weekend day, George Lawrence and his 18-year-old daughter Rita, agreed to serve in two base-garden. When Lawrence isn't helping his son become more energy efficient through his job with Vermont Energy Investment Corporation, he's the instructor of the 20-year-old Snow Bowl. When Rita isn't in school — she's a fourth grader at Addison Central — she's a race rigger, leading all the little jumps and peckers of brothers who are fast.

We started the day with a few runs off the Steeple Chair, a double lift that carries four men and some gladders if you're coming from a larger mountain, you have to go out to the Snow Bowl's quarters. The track doesn't go in the snow, but it's a decent run the mid of building with a decent morning. Just from New Jersey who is doing in a track.

We headed down Long, a beginner trail with some jumps. Rita started about 10 feet while her father carved deep turns with hitting powder overboard. Lawrence, 31, lived in Jackson. He's been years after graduating from Middlebury in 1988. He learned to snowboard out there and got a board named for his mother. As such, his wife is about as tall as I am and probably a little skinner.

After another run off the Steeple Chair, we glided over to the Worth Mountain Chair, a new \$12 million triple chairlift that replaced the 40-year-old double lift last fall. On the way we had to navigate through the july of 400 racing gear that lined our path. The Snow Bowl is known primarily for two things: its ski school and its racing program. This day was a race day, and the pretty saw the Lawrence family and I were the only ones on the mountain not wearing ski light Lycra suits.

The chair ran off from the Worth Mountain lift back slightly to the left. Naturally, this meant I would fall. Usually, I do not fall when disembarking from a lift. But this time a small crowd, and a young child whom I do not want to hurt even, and I'm in a few hundred pounds of speed friction in some predicament, and then some for humiliation.

Scare enough, I tumbled down the lift, and I saw Lawrence's teacher, Steve, who's used to beginning, as

well as people like me who just look like beginners. I started myself off and followed the past past the area start at the top of Allen over to Rose, a thick advanced trail that had the best snow of the day by far.

Light granules of human-made snow sat on top of solid packed powder. Rita is also a race racer, but today, thankfully, it was not.

After a few runs down Rose, its blue neighbor Proctor and the red one Vane, we had exhausted our options for the day. Since the sun had washed away most of the snow from the advanced trails at the backside of the mountain, we had ridden all we were going to ride.

That was fine with Rita. She had lunch on her mind. As we crossed down Proctor, she let out a yelp of delight. "It's just a tree!" she yelled, aiming her stick straight for the ledge. Right down, 12 to go. ☺

Snow Bowl

Average annual snowfall: **250"**

Trails: **17** Lifts: **3**

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Middlebury.edu/snowbowl/ facilities/snowbowl

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THE 20/20 PROGRESS REPORT

✓ Accuracy - 12/20	✓ See Bow - 02/03	✓ Snowg - 12/16
✓ Best Creek	✓ Mount Snow	✓ Snow - 02/20
✓ Skate Valley	✓ Northwest Slopes	✓ Snowg - 12/22
✓ Bowling - 01/13	✓ Glenn Mountain Resort	✓ Snowg - 12/22
✓ Blue Mountain	✓ Pine Mountain - 01/27	✓ Snowg - 12/22
✓ Coastline Ski Area	✓ Mount Snow	✓ Snowg - 12/22
✓ Jay Peak	✓ Northwest Slopes	✓ Snowg - 12/22
✓ Killingly - 12/08	✓ Glenn Mountain Resort	✓ Snowg - 12/22
✓ Mad River Glen	✓ Pine Mountain - 01/27	✓ Snowg - 12/22
✓ Mogel Mountain		✓ Snowg - 12/22

☑ If you want to see Lauren O'Leary around your local shops, contact her at lauren@2020.com

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PHOTO: JIMMY HARRIS

JIMMY HARRIS

JIMMY HARRIS

Dear God

Dude gets splashed with liquid helium, or blasted with cryogen, or breathed on by a white dragon, and his frozen solid into an immobile, frosty second-skinning block of man. Then he thaws over and—*crash!*—smashes into a million pieces on the ground. We've seen it in the movies a million times. But has it ever actually happened to anyone? I've seen guys on TV dip frozen hot dogs and roses and such and smash them with a hammer, but is it even possible for this to happen to a human?

Brian J. Wright



never came out with a bone in it shorter (such as a leg of lamb), but that hot dogs and such can

test a container limits to see how cold they got from exposure to liquid nitrogen. Freezing liquid nitrogen over the limbs created frost on the skin, but the internal temperature hardly budged. During the limbs into liquid nitrogen for 40 seconds from the skin solid, but the internal temperature only dropped a few degrees, and everything showed

in less than ten minutes. I'm confident you could get a body to freeze solid if you kept it in the tank long enough, but you can see this isn't going to be anywhere near as dramatic as it looks onscreen.

5. Experimental inquiry having proved disappointing, I next had Uma see what she could score up in the accident reports. Some 36,000 people work in cryogenics, with an injury rate of 4.6 per cent. However, only a few severe freezing accidents emerged. One involved a man who stepped into a bucket of liquid nitrogen wearing only his socks, possibly in an attempt at self-mutilation. His foot and lower leg were frozen solid and eventually required amputation, but they didn't shatter, remaining intact after thawing. In another case, a university student filling liquid nitrogen flasks collapsed and was found frozen to the floor but again, no shattering. A third individual had liquid propane splash onto his face and arm, freezing his gloves to his hands. Congress cleared two

fingers, but they didn't break off.

6. The real danger from cryogenic liquids, if I may digress, is asphyxiation or explosion, both of which can occur when the liquid evaporates in a confined space. If the room fills with a gas other than oxygen, you can suffocate. Vaporizing chemicals can also expand to hundreds of times their liquid volume, causing you can blow up. Last July a German chef working with a canister of liquid nitrogen lost both hands as a result of an explosion. In 1997 a Worcester Polytechnic student unreasonably decided to put liquid nitrogen in his mouth and blow smoke rings. Problems was, he accidentally swallowed the stuff instead, and the expanding

gas blew a hole in his stomach and collapsed a lung. He lost part of his stomach and severed his gastritis-related liver, but both organs recovered.

Having considered the dire evidence above, I'm guessing that it takes more would preserve a body from simply shattering so matter what. However, this hypothesis remains untested, and with \$10 in the Straight Dope Research and Entertainment Fund, will a leg of lamb or turkey won't break the bank, but have you priced a tank of liquid nitrogen lately? Others have bigger budgets, and I look forward to seeing the results soon on high-def TV.

BLISS BY HARRY BLISS



—You know no idea how long I've been waiting to meet you.

Vo want to clear a name, try asking for a volunteer for human sacrifice. Plus it likewise proved important when Gus balked at performing a corpse. Thank God for the medical databases. Even so, progress was slow. Notable findings:

1. Despite determined effort, I couldn't find any instances of a person's body or portion thereof shattering.

2. On the fantasy front, I came across an episode of the TV series *Star Trek: "Tribulation"* the idea that a frozen body would shatter if thrown in liquid nitrogen by freezing a turkey and dropping it. (It happened.) Needless to say this proves again. I've also found numerous anecdotal accounts of accounts from folks saying they've

3. A Swedish company called Protonics claims to have developed an environmentally friendly way of disposing of bodies. The deceased is frozen in liquid nitrogen, then shattered with sound waves, and the resultant pieces are composted. The French European patent claims the process works, but while it can last lots of years, about 10, it is no indication of so much as a trial run. Attempting to contact the company has proven fruitless, and its Website doesn't appear to have been updated in years. So I wouldn't count on cryogenic mortuary services showing up at Costco anytime soon.

4. German researchers investigating a potential case of insurance fraud (before an engineer had fled, jumping from liquid nitrogen applied on the foot and leg)

For there something you need to get straight? Look around, ask friends, use Straight Dope anywhere you like. Write Ed Adams at the Chicago Reader, P.O. Box 10962, Chicago, IL 60686 or ed@straightdope.com.

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Rarely have I attended a wedding and not shaken my head in bewilderment at the many odd customs that seem de rigueur at nuptials. There's the rice throwing and the bouquet tossing, the wedding cake feeding and the messy garter belt business. On top of that, you have the stiff wedding march, the nervous first dance, the often ugly bridesmaids' dresses and even the rings themselves.

Before the wedding, there's the whole uncomfortable bridal shower scene, with its attendant tears and bizarre paper-plate bouquets. And after the wedding, there's the honeymoon — so named ages ago for the interval during which husbands got to dip into the honeymoon before the wife closed it up again.

Many of you have probably found yourselves in a church, a home or a fine hall (here where my people get hitched) wondering what is taking place in front of you, besides two people agreeing now to have sex with other people again. Lucky for you, *Seven Days* is here with answers. Well, one answer, anyway: the origin of "something old, something new, something borrowed, something blue."

According to etiquette expert Emily Post's successor, Peggy Post, "It is the duty of the maid of honor and the bridesmaids to check that the bride is wearing something old, something new, something borrowed, something blue." No exceptions to this most common of wedding rituals.

Just about every bride has ever known, even those who are smart and cynical and never thought they'd even get married, has succumbed to the superstition. How could they not? They didn't want to risk a lifetime of marital drudgery and regret over what a whimsical disaster their marriage had become if they didn't fulfill the verse.

So, to prevent such misfortune and ensure a successful union, many brides carry something old, something new, something borrowed and something blue somewhere on their person as they saunter down the aisle. If it were me, I would borrow my grandmother for the day and call her my own. She's old as hell, but she's new to me. And she has blue kilt. Perfect. But most brides need to go with things such as locket or bouquet studded with diamonds. Some brides fulfill all the stipulations in one item, while others collect one of each.

But there's one more step the ladies who wish are missing. The original Rhymer verse, which wedding book author Ann



WHISKEY TANGO FOXTROT

We just had to ask...

What's the deal with that old wedding superstition "Something old, something new..."?

BY LAUREN OBER

Moan at a super thought to date back to the early 19th century, guess like this:

*Something old, something new
Something borrowed, something blue
And silver spencer in your shoe*

Let me break it down for you:

Something old: This represents continuity and gives a nod to family ties and money in love.

Something new: This represents the idea the couple will forge together, building hopes, leaving fears behind and a li-

Something borrowed: This represents the idea of a friend or family member's good fortune carrying over to the bride (Curses! You can't borrow something from just anyone, the item has to come from a happily married woman. If you can find one.)

Something blue: This represents faithfulness, purity and loyalty. You, all of them. Back when marriages were chaste and selected for earnings based on the size of their treasuries, the color blue symbolized fidelity.

This part of the superstition most likely derives from the adage "Married is blue, love ever true," writes Michael Olszew in his book *Midnight Tunes and Gypsy Dances*. Olszew also said *Caravan of Adventures in History*. Before white wedding dresses became so vague thanks to Queen Victoria, brides wore blue. Not coincidentally, so did the Virgin Mary. So, by wearing something blue — perhaps in the form of a cheap, gemstone-laden garter belt — the bride lets people know that she's untouched by the filthy suits of her race. And she's in the march for life, like a fish being in a gang.

Silver spencer: This part of the verse is the bride's equivalent of throwing a penny into a fountain. While most women don't put spencers in their shoes anymore — mostly because the coins were discontinued in 1971 — they should. A silver spencer in the shoe is an attempt to imitate Diana, Roman patroness of married girls and chastity. See, Diana doesn't make one for brides being taken off the market. Thus, if brides do not want to incur her wrath, they'll offer a little bonus of silver, the metal associated with the business. If you want extra good luck, put the spencer in your left shoe.

While the author of the verse is unknown, it must be someone I'd get that he or she was married previously. Two centuries after it was penned, the rhyme remains gospel for brides, superstition or not. And since nearly half of marriages end in divorce, it's a wise bride who thinks she doesn't need an extra bit of luck for the future. ☺

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POL/PSY | On the public uses and abuses of emotion

BY JUDITH LEVINE

Sympathy for the Devil

"I'm glad I don't live in Massachusetts. Not just because my summer would now be spent here, but because I would have felt obliged to vote for Martha Cockley — barely the lesser evil."

Lately others as a defender of justice at Guantanamo, Cockley is a leading legal light among sex-panic witch hunters. As Middlesex county district attorney and, since 1997, Massachusetts attorney general, she rose to prominence as the wildest prosecution of crimes that ever happened: satanic ritual abuse of toddlers at the hands of Japanese teachers, bizarre grandparental incest, and unadmitted pediatric pedophiles.

Cockley has tried and won those cases employing shrewd defense and now widely renowned investigatory tactics and peak female "reasons," notably "repressed memory" theory. She has enlisted public hysteria, etched her marks in the media, and fought like a Tasmanian devil to keep people behind bars long after they've been exonerated. In short, she has used her office to demolish the lives of many innocent people.

Throughout the Senate campaign, Cockley's liberal supporters kept this record under wraps. Perhaps they feared joining an increasingly ill-fated race. My own suspicion are darker: that the left does not care about sex crimes enforcement, which may compromise the worst aspects of a liberal criminal system. This isn't just because there's no political advantage in standing up for suspected deviants. It's because progressives are implicated in the creation of this sex panic, and once those who might be sympathetic to our victims don't understand it.

COCKLEY MADE NATIONAL headlines in 1997 for her role in convicting 19-year-old British manky Louise Woodward for the shocking death of her charge Matthew Rogers. The evidence was slim: that the defendant killed the baby — much less intentionally — but Cockley's crew wanted to lock her up for life. The jury convicted on its only option, second degree murder. The judge reduced the charge to manslaughter and the sentence to two years. Woodward returned to England disgraced, and Cockley rode the case to statewide office.

But Woodward was not the last trophy in Cockley's misguided child-protective crusade. Her hand was heavy in two of the most notorious, and globally

condemned, false-allegation cases of the daycare and satanic abuse panics. In 1993, Cockley outbanned Lowell and drew Kay and Shirley Reams for molesting their grandchildren. The charges, which included abusing the kids with what they described as a machine as big as a room and forcing them to drink a gross porridge, were born in the then-practically-rehearsed "repressed memories" of the Reams' eldest daughter and spread to infect the rest of the family.

Shortly after her election as attorney general in 1997, Cockley knew her power was: trying to keep three innocent

expressed women. Although Cockley had not prosecuted the case, she fought ferociously to send these back. Violated of course, waiting. In 2000, the Massachusetts Governor's Board of Pardon and Parole recommended a mistaking of Gerald's sentence, citing lack of evidence of charges they called "extraordinary if not bizarre." Cockley persuaded Acting Governor Jane Swift to reject the panel's advice.

The Reams wanted the oldest boy dead and Shirley, still protesting her innocence, is a registered sex offender. So is Gerald Annault, released in 2004.

**MARTHA COCKLEY IS A LEADING LEGAL LIGHT AMONG
SEX-PANIC WITCH-HUNTERS.
HER LIBERAL SUPPORTERS KEPT THIS RECORD UNDER WRAPS.**



behind bars forever. Violent Annault, 63, and her adult son and daughter Gerald Annault and Cheryl Lefore were the perpetrators of the highly regarded Pele Aree daycare center scandal they were swept up in the daycare panics. In 1994 a hapless court convicted them of eleven-year ranging from the rape of a 4-year-old with a hairbrush handle (which left no injury) to the serving of a sugar-free lops in brandy slippers (also unsolicited by anyone). By 1998, the potent falsity of these claims won a judge to order a new trial and release the

Cockley also turned her hand against "pedophile priests" — unfortunately, ones who were not guilty. In 1996, she created an prosecuting Father Paul Manning for molestations, even though the 55-year-old alleged victim said nothing happened. When the jury acquitted, Cockley went on TV to try to recruit Manning there.

In 2002, Cockley presided over the conviction of Father Paul Shanley, pointed to the most degraded of Boston's degraded priests. The case was treated by mainstream press coverage, with million-dollar grand settlements by the Church, and wringer "papers" leading countless abuse to repressed-memory theory, long unraveled by research and professional critique. Shanley was convicted solely on the woman's modified memories — spurred by reading the Roman Globe — and sentenced to 12 to 15 years, a likely life sentence for the defrocked priest, now 79.

Not surprisingly, in 2006 Cockley opposed efforts to create a state innocence commission, a clearinghouse "backwash" looking instead of forward-looking. Of course, that's the point to look back and reduce wrongful convictions, two dozen of which have been overturned in Massachusetts. But Cockley never admits a wrong.

MASSACHUSETTS OFFERS EXTENSIVE cases of the child's confusion in mass sexual hysteria, going back to the Salem witch trials. But

is hardly alone. The nation is a tinder in its war on pervers, making little distinction between violent rapists and teen seducers. Nor is Cuddley the only law enforcer who has refused to make arrests for the innocent loss the law raised. Prosecutorial careers are built on such victories.

Yet, with few exceptions, progressives have kept their mouths shut about these injustices. For instance, the ACLU's 2010 *Workplan* seems to denigrate "the Guantanamo Bay System of Injustice and war in extensive government surveillance. Yet it ignores the going of postprison psychiatric lockups and the parole requirements imposed on former sex offenders.

What if all "progressives," feminists are most to blame. Feminists "discovered" rape and incest in the 1970s. This is good, but sexual conservatives in the women's movement soon allied with the moral Right and law-and-order snobs to overthrow the prevalence of sexual crime, particularly against children, and to oversimplify its traumatic potential. Both causes and effects of these wrongs are the quick science, reduced, ordinary rules, broadened statutory definitions and sweeping sentences that permeate sex offense policy and practice.

But liberals don't guardedly listen to feminism. In fact, the scale (note all) New Left condemnations and other cultural rituals for upholding solidarity and denouncing activists from women — that is, women — matters. You need only peruse left-wing publications such as *The Nation*, the *Huffington Post* or *The American Prospect* to see that sex is as if torturous in their definition of politics.

Why does the Left avoid sexual politics? For one thing (and here's reason two it won't deal with sex law), it is desperate to look moral. Spurred by the fight's monopoly on "family values," progressives in the 1980s strove to seize outstanding morality as their own. Since we had the Working Families Party and Families USA, Queens went normal and decided to the ultra, with progressives throwing the dice. Is a "gay family" agenda, there is no reason for defending people accused, even wrongly, of incest or sex with minors. Indeed, one of the more distressing aspects of the prior decade was the Boston gay community's shunning of — yes, denunciation — of convicted clerics like Sherry, who had admitted to earlier sex with teenagers. This was even more painful given the city's extraordinary brotherhood of gays and potholes in the cultural-blessed struggles of the past.

Third, besides Massachusetts, California and a few other marquis, progressive politicians are not so liberal, they're not real-

ists in grasping the emotional roots of political behavior. Part of progressive's failure to reason is their assignment to religion. A willingness to believe the worst about Catholics, journalists John Wigger and points out, contributed to the Left's piling on to vilify those accused priests.

Fourth, with the exception of architects, the Left trusts government state child protection was invented during the Progressive Era. Fifty years later, feminist therapists, lawyers, and self-reliance activists — who had liberally instructed the police — joined with law enforcers to turn child protection agencies into teachers of sexual reduction and punishment. Meanwhile, many vocal critics of sex crimes have been among libertarians, including Christians, whose children have been caught under the sexual surveillance regime. These people don't trust the government to do much, least of all raise kids. They may believe that sex is wrong, but that doesn't mean they want the cops slipping handcuffs on their sons.

Really, criminal justice activists don't recognize sex crimes defendants among those ordinarily oppressed by the power industrial complex. A class race analysis doesn't work. According to the Bureau of Justice Statistics, in 1996, 30 percent of offenders incarcerated for crimes against children were white. (Of this, some 10 percent committed a sexual assault), compared with 40 percent of those who'd offended against adults. A quarter of convicted child abusers were over 40, compared with 10 percent of violent criminals whose victims were adults. And, while statistics don't offer easy substantiation here, sex offenders appear to have more money and education than do their callbook confreres. A rape and downloading child porn is unlikely to be a 19-year-old African American high school dropout. Only recently have prisoners' and human rights advocates begun to attack the draconian penalties meted out to sex offenders.

Condemning the pro-choice, pro-health care Martha Cuddley for hating wishes may sound like dog's nose politics. But her antebellum vengeance and embrace of junk science say every thing about her, opening all that says a lot about her supporters. It is long past time that progressives demand of their leaders a commitment to justice — even for those they despise. ☐

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John Anthony Egnostka is used to waiting for good things. The high-end custom jewelry designer worked for 15 years at store Vermont Folk Instruments on Church Street, just out of the strolling public's eye. Then, late last fall, the music store joined Burlington Guitar & Amp around the corner, leaving the first-floor space vacant. Egnostka seized the chance. Within a month, John Anthony Designer Jewelry responded at street level.

The new store is warm — both generously heated on a recent chilly day and as welcoming as a living room, with vintage mahogany-paneled walls and a leather armchair. And Egnostka, a 53-year-old Texan with a Southerner's cordiality and a soothing voice, has an equally warm presence. A retired Spanish-Scotch-Irish heritage explains his light brown eyes, thick white hair and hint of a fluent Spanish-speaker's accent. Accompanying him is Heather Ballou, his business and romantic partner, who often contributes design ideas. Yet these gracious hosts preside over little more than a large computer on a desk, a single floor case and a precisely arranged line of platinum jewelry catalogs on a side table.

That's because of another good thing Egnostka waited to acquire. After 30 years of hand-crafting wax models of his creations, he now designs digitally, using three-dimensional computer-aided design (CAD). "All my inventory is virtual now," he declares, gesturing toward



nothing they've seen quite matches the image they've developed in their imagination. It's Egnostka's job to show that image from them, while keeping in mind what he knows will endure structurally.

"While we're talking, I have to be like an engineer and calculate all the different angles of what can and cannot be done, and yet still deliver on this beautiful design that they're looking for," he explains.

He also presses customers to specify, and thereby realize, exactly what they want. He sent one woman home with an assignment to print out Internet pictures of each element of the ring she had in mind, then spent four hours with her on a Sunday poring them into a whole that matched her vision. The result was one of Egnostka's more creative designs: a grooved, white-and-pink-gold band that flows organically around multiple gemstones.

Egnostka's knack for patient attentiveness got him his start in the jewelry business. As a sixth grader in Galveston, Texas, he noticed a classmate's elegant school attire and discovered the girl's father was a master jeweler and watchmaker from Mexico who worked out of his home a few blocks away. His interest piqued, Egnostka began hanging around the family after school. The jeweler eventually directed him to a spot in a corner of the shop, where he stood silently observing for months until he was finally allowed to polish a ring. The man helped Egnostka find his first job after high school.

Career branched. Egnostka moved to Houston, where he custom designed jewelry for 10 years. Jewels there were a dime a dozen, though, and cupcakings and other crimes were on the rise, so in 1988 Egnostka left for the Northeast on the invitation of a friend whose father owned a watchmaker shop in Plainfield, NJ. Along the way, Egnostka passed through Burlington, where, he says, he felt "a strong sense of déjà vu." The place reminded him of the Galveston of his childhood: a walkable downtown bordering Lake Champlain instead of the Gulf of Mexico.

After a few months in Plainfield, Egnostka started looking for a Burlington store where he could offer his high-end custom design services. It was a hard sell. No one offered such a thing in-house at the time. Egnostka says they sent catalogs "requests to New York designers." "The Northeast is very traditional, very controlling," he opines. He finally persuaded the owners of Preston's, a

A Thing for Rings

Technology assists tradition at John Anthony Designer Jewelry

BY RYAN LILLY

his computer screen on uninterrupted expanses of Oriental rug.

Egnostka, who adopted the new technology a month before his move, first became aware of 3-D CAD programs being developed for jewelers about six years ago. He knew architects and engineers had been using the tool for 15 years. But, characteristically, he watched the jewelry-design software develop first, waiting for the bugs to be worked out, and he tested two programs before investing in a third, called SpaceClaim. John Anthony is the first — and, he believes, as far the only — jewelry store in the Burlington area to use CAD.

To Egnostka, a bench jeweler who works on the industriously precise

scale of gem setting and cast-metal jewelry (think an artisan metalworker who generally hammers metal into freeform shapes), CAD makes perfect sense. Plotting the computer screen, he demonstrates in a few minutes how he can build a digital ring that eliminates human error — not to mention the weeks it takes to carve a single wax model.

First, he selects a shank from the program's 80 or so prototypes. (He can also design his own from scratch.) If he widens its base on one side, a click of a button will mirror those exact measurements on the other. There's no need to manipulate a tiny gauge, then go back to work adjusting the curvature of the shank with a carving tool.

Customers can see the finished design in 3-D and request changes that can be made before they leave. Egnostka then scans the file to a prototype lab that uses lasers to build up a flawless wax model, from which a casting mold is made. He still uses his tools to set the press into the cast metal product and apply finishing touches.

Egnostka delights in the precision of his manufacturing skills and the new technology, but says the hardest work is in the listening stage. Shoppers in the market for an engagement or wedding ring — about 90 percent of his clientele — often find that



prestigious 150-year-old jewelry business on Church Street, to let his set up his full-time working shop in its basement. He taught the staff how to listen to customers' requests. Soon, he says, "I had a line that long with custom design work orders."

**I HAVE TO BE LIKE
AN ENGINEER
AND CALCULATE ALL THE
DIFFERENT ANGLES OF WHAT
CAN AND CANNOT BE DONE,
AND YET STILL DELIVER ON THIS
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JOHN ANTHONY ESPINOZA



John Anthony Espinoza

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At Preston's, Espinoza stopped using his last name. "It was very difficult for people to pronounce. They'd chop it all up," he explains. "It was very North Country when I first came up here."

When Espinoza left Preston's two years later, just before it closed, he brought with him the first issue of the Platinum Guild International (PGI) custom jewelry catalog. Minimum, a popular monthly art deco jewelry during the 1930s, was taken off the market for

worn-out use in the 1940s. In the early 1990s it was making a comeback—aided by the platinum wire jewelry industry's marketing firm, PGI, which produced the catalog. Featuring the work of competitively selected designers around the U.S., the book is delivered annually to every jewelry store in the country as a counterparty sales tool—mostly increasing the clientele base of each featured artist.

Leafing through the book, Espinoza realized he had already made a midsize-scale piece for customers in Rutland. "I liked art, and I said, 'I can do that. I can do that, too,'" he declares, reconnecting the moment of inspiration with the original copy of first first issue.

Permanently settled in Burlington by 1993, Espinoza set about trying to get his new line of platinum bridal jewelry included in the catalog. He even trucked down PGI's booth at a New York trade show. "They're so strict, and it's so prestigious—I'm like, 'Oh, my God!'" he says, recalling his anticipation. To his surprise, his work was accepted, and Espinoza became the first Vermont jeweler to be recognized by PGI.

New orders were coming in from around the country. Several—including a 1½ karat pear-shaped diamond and the like—came from a Nashville jeweler who catered to the stars. Espinoza learned whose request he had fulfilled only once, when, after a flurry of loose phone calls, Reba McEntire's ring was delivered to the store barely a half-hour before the country singer stopped in to pick it up. "It's a good thing he didn't tell us who the [future] piece was for, because I wouldn't have been able to make them," Espinoza says with a laugh.

He is a long way from his work through the Platinum Guild International's catalog—the volume of work it generated became too much for one person. And Espinoza didn't have an apprentice because, he explains cryptically, "I have to stand behind my work." He prefers serving local clients, such as the Burlington case who wanted his wedding ring to incorporate the profile of Carole's House and Mount Mansfield.

Esposito is busy exploring the wider open possibilities of CAD. A necklace he's been wearing sports a first slice of diamonds in the rough, a material once used solely to produce drill bits. Espinoza seemed a teasing of it into his computer and designed a border of intricate set diamonds, each supported by four tiny prongs he once would have had to cut from wire and attach individually.

"It just opens the world to a bigger level now," he says. ☺

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Hitched on Film



Local luminaries share their wedding photos — with commentary

BY ANDY BROWAGE

The key detail WPTX meteorologist Tom Messner remembers about his wedding day? The weather.

An ice storm swept through first day in 1994, the toasty TV weatherman recalls, and threatened to shut down the entire region. Tom and wife-to-be Kate were eloping, and a last-minute paper in their home described their plans for a stress-free wedding day. The bathroom was flooded, and the walls had to be ripped out. Undeterred, they made it to a church to say, "I do" in front of a handful of witnesses before snapping a photo for their Caribbean honeymoon.

In their wedding photo, a younger Messner and his new bride look happy as can be — despite the missing drywall and exposed inside toes behind them. What did they owe? In a few hours, Mr. and Mrs. Messner would be in sunny Barbados, where, Tom says, "The water pipes seemed to work just fine and the weather was perfect!"

For this year's Romance & Bridal Issue, *Seven Days* asked some local celebs to share a wedding photo and a story from their special day. *Seven* couples did.

Far from the generic studio portraits often associated with nuptials, the snapshots we received are candid and casual, offering an intimate glimpse into the lives of Virginians widely known for their talents. You ride their snowboards, eat their ice cream, laugh at their jokes and rely on them for the weather. Now see them on their wedding days — and chuckle at all that hair!

Chris Bohjalian & Victoria Blewer

PICTURE PERFECT. Bestselling author Chris Bohjalian and photographer Victoria Blewer tied the knot at the Brick Church in Manhattan on October 12, 1994. "I had hair then," Victoria jokes remarkably the same, says Chris. "In the '80s, it really was all about the hair — even on your wedding day. And we're smiling a lot, but we only got happier."





Tom & Kate Messner

WEATHERING THE STORM: 16-PT. 2001 colorist, Light Kate Messner and wife Kate eloped on January 25, 1994 — during a big ice storm. Offers Tom "ice storm + burst water pipe = crazy wedding day"



Bernie & Jane Sanders

BEACH PARTY: On May 28, 1998, Sen. Bernie Sanders, then the mayor of Burlington, married Jane Sanders on North Beach on the Queen City. Pictured with the new hybrids are their colorist who officiated their previous marriages (from left) Dana, Lori, Bernie, Jane, Mosher and Carina. Davey, as he was then called, walked Jane down the aisle, and Lori was Bernie's best man. Heather and Carter were words of humor.

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Jerry Greenfield & Elizabeth Skarie

SCOOPED OFF HER FEET Yes & Jerry's cofounder Jerry Greenfield and Elizabeth Skarie were married on February 26, 1992, at the Mahoe Bay campground in the U.S. Virgin Islands. "We were on vacation," Skarie says, "and then I had to get married." The official said he was a minister of the Church of Mithological Science—and a just vacation. Skarie is holding a bouquet made from twigs and gummy candies by one of the kids in their party.

Sabra & Spencer Field

SWEET SERVICE Vermont artist Sabra Field married husband Spencer in Woodstock on May 25, 1979—the third anniversary of the day they met. Three years before, Spencer had loaned Sabra his special Sigal knife to pick 500 almond farms. When she returned the knife, Sabra included an invitation to dinner in East Bernard. "Spencer never left," Sabra says, "and now it's almost 36 happy years later."



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Steve & Janet Carmier

ALARM-CATION Brides personally Steve "Carmie" Carmier married Janet on June 11, 1981. Their first argument happened while they were kneeling in church, Carmie says, after a whispered dispute over husband between the groom and best man provoked a long "shhhhhhh" from the bride. Janet didn't find it funny then, Carmie says, but "17 years later it makes a great story — one that is really comes up at least a couple of times a year!"

Jake & Danna Carpenter

JAILED!? Burton Snowboards co-founders Jake and Danna Carpenter got hitched on May 21, 1986, in Greenwich, Conn. Only 12 attended the wedding ceremony at Danna's parents' home, but the reception had 400 guests. The weather was terrestrial rain, thunder and lightning, and the couple thought about calling the whole thing off and returning the wedding gifts. "Not kidding," Danna says. Instead, they went on their prewed honeymoon and returned together 14 years later. And the "Jailed!" photo caption, which Danna provided: "I look like I'm about 12 years old, and Jake has kind of a devilish grin on his face," she says. "In reality, I was 19 and he was 28."



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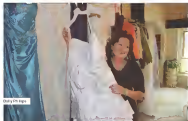


Stitchin' Time

Plattsburgh wedding seamstress Dolly Phillips reaps what she's sown



BY KEN PICARD



Dolly Phillips

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Plattsburgh seamstress Dolly Phillips knew early in life that one day she'd run a living making other women look their best. It just took her a while to get around to it.

At the age of 6, with other children her age, when setting up sidewalk homemade stands, Phillips was making handmade doll outfits for her friends in a business she called "Dolly's Doll Clothes."

When Phillips was 18, she and a friend discovered a box of pastel-colored window curtains in the friend's basement. So Dolly assembled a group of kids from the neighborhood, picked some wildflowers and dressed them all up like a formal wedding party. They held their sock wedding on the sweeping front lawn of a large and stately home in Albany, N.Y. — and attracted the attention of passing motorists who lined up to watch the flamboyant procession.

"So here I am, years later doing wedding gowns," says Phillips. "I think what you've witnessed is in determined at a young age."

Today Phillips belongs to a vanishing breed: she's a seamstress who for the last 25 years has custom sewn wedding for bridesmaid dresses, prom dresses, hats

and headpieces in an era when much of the American garment industry has relocated overseas, driven by the allure of cheap labor. Phillips continues to make high-quality women's fashions in the old-fashioned way: one piece at a time.

"There's so much clothing on the market right now, but so much of it isn't good quality, and a lot of it doesn't really fit anyone," says Phillips. "People who like their clothing to fit will go to a dressmaker."

Brides crafting from whole cloth, dressmakers can help brides tailor one-of-a-kind vintage pieces to their own needs. It first met Phillips in 2004 through my wife, Stacy, when she was looking for someone to alter her wedding dress. Stacy didn't want a conventional gown that looked like it belonged atop a three-tiered cake, so she went online in search of something with playful more "vintage look." After perusing at least three or four possibilities, she finally found the one she wanted: a key antique number that cost her \$19 on eBay.

When the dress arrived, however, there was a small problem. The dress was several sizes too big for Stacy's petite frame and needed significant alterations and repairs. So she went in search of a good seamstress.

Designed by Dolly, which occupies the

top floor of the North Country Road Co. building in downtown Farmingburg, isn't a business case situation or accident. To get to Phillips' shop, women must go through the master's food walk, past the Thai Thai coffee beans and items of unlabeled organic greens and up two flights of stairs.

Phillips' large, green apartment, where she lives and works, has a front-left room that is, with exposed brick walls, vaulted ceilings, wooden beams and large windows overlooking downtown Farmingburg and Lake Champlain. An ornate white chandelier hangs in one of two living rooms. The apartment's previous resident described it, saying not only central, it is a Burlington crew pattern and natural fit.

Phillips has a minimalist collection about her, too. Whenever I've visited her shop, I've found her dressed in the blues in some stylish shirt and blouse, high heels and chunky jewelry, her nails meticulously polished. Phillips isn't the one who doesn't gussy herself up just to impress clients, but dresses that way every day — even on Sundays, when the shop is closed.

"I feel that I do my best work when I look my best," Phillips explains. "If I wasn't, my work would be full of sloppy. Dressing like this gets me on the right mindset."

Dolly's lifelong good-to-go sewing machine predates her career as a dressmaker. Before becoming a seamstress, she worked a number of different jobs, including one as a technical clerk at General Electric's atomic power laboratory in Schenectady, N.Y. As she recalls, "The men got it red inked on the floor that I would help look the reactors in high tech. That was a hell!"

Today, she has the heaviest pieces of equipment Phillips works with are her old Swiss-made Bernina sewing machines, which she calls her "workhorses." From March through September, Phillips can often be found sitting at these machines with her polished nails, jewelry and high heels, working until 2 or 3 a.m. to turn a gown or robe in a prom dress.

In 24 years, Designs by Dolly has truly needed to advance most of Phillips' skills. And her through word of mouth, she says, "a woman of a certain age." Phillips declines to specify a number, but her longevity in the business can be placed from her clientele: the clients she's sewn wedding dresses not only for the daughters of clients but for their granddaughters, as well.

Though most of Phillips' business comes from New York's North Country or Vermont, she has worked elsewhere for

women from as far away as Washington, D.C. One of her most elaborate affairs was a wedding several years ago for which she dressed the entire party in vintage clothes from the 1920s and '30s, including creating all the women's dresses and hats. Phillips didn't have time to attend the wedding herself and never even saw a photo of her handiwork in action.

No matter, says the busy seamstress who creates the best part of her job is working with "the girls" who come into her shop for their fittings. Despite the common stereotype of brides to be as demanding and self-centered "bridezilla's," Phillips says they're only encountered one unpleasant client in her long career.

"I have the best time working with these girls," says Phillips. "They'll pick up their dress and say, 'Oh, I had such a good time. I really enjoyed having my dress done.'"

It's important that "the girls" like Phillips, too, because they're truly in a special place of time with her. Since she's a stylist for a specific fit, it's not uncommon for clients to return three or four times to make sure their dresses are just right.

What advice does Phillips have for women shopping for a wedding or prom dress? Being a seamstress or dressmaker with 24 years of experience, she says you can't buy a dress that not only fits your frame and body size, but can also be altered to fit you properly.

Phillips remembers an instance early in her career when she was called to a wedding shop to alter a dress for a honeymoon bride-to-be who asked if Phillips could "make me look 10 pounds lighter."

"I laughed, and I told her she was serious," Phillips recalls. But she adds that if the woman had called her half a year ago she bought the dress, "I could have at least made her look 20 pounds lighter."

It's worth noting that Designs by Dolly works strictly on women's clothes for women. Over the years, Phillips has periodically been asked by men if she will custom make them women's clothing. A devout born again Christian, she says she did so on one occasion, but felt too uncomfortable and embarrassed by the experience to repeat it.

Fortunately, Designs by Dolly has rarely worked for clients. Though she's never devoted much time to growing the business side of her work, Phillips says the good Lord has always provided for her in times of need.

"There's an old saying that if you make people happy, the money will follow," she says. "And I've always made a decent living, because I truly can help a person look like 'That means a lot to me!'"



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Split Imperative

With marriage a 50-50 proposition, why do couples keep taking the plunge?

BY LAUREN OBER



When Caryn Waxman goes to weddings, she never tells anyone she's a divorce lawyer. She doesn't want to kill the mood, and she knows people would rather avoid the subject. Besides, despite her job, Waxman wants marriage to last.

But she has been at the business too long to think all marriages will. Waxman says the couples with the greatest chance of success are those who have a realistic sense of the state of matrimony in this country.

Divorce cannot be ignored. It is just as much a part of the national dialogue about marriage as wedding cakes and honeymoon. According to the National Center for Health Statistics, between 40 and 50 percent of marriages end in divorce, depending on the age of the spouses when they are wed. The younger people marry, the more likely their marriage is to fail.

In 2008, there were 2,162,000 marriages performed in the United States. That averages out to 76 marriages per 1000 people. The national divorce rate is 4.5 per 1000.

In Vermont, married couples fare slightly better. The marriage rate in the state for 2007, the most recent measurable year, is 8.6 per 1000. By contrast, the divorce rate, slightly higher than the national average, is 3.7 per 1000. When looking at these figures, one needs to keep in mind that they represent couples who have wed

in Vermont, whether they live in Vermont or elsewhere (Couples from New York who came for a rustic wedding probably won't return for their divorce).

While Vermont divorce rates have dropped over the years — they peaked in 1995 at 5.5 per 1000 — the national percentage of marriages ending in divorce has held steady at about 50 percent for the past decade. Those are not great odds for anything, especially a lifelong commitment that generally comes with children and shared property, finances and assets.

Most people wouldn't choose a surgeon who successfully opened up only half his patients, or a bus driver who won half her cases. And you would never participate in an activity — say, skydiving — if it came with a 50 percent fatality rate. So why do seemingly intelligent and risk-aware people still enter into the institution of marriage, knowing the odds are in about one in two? And why are already-divorced people likely to get remarried, despite the even more dismal success rates for second and third marriages?

This isn't generally something couples think about before taking the plunge, says University of Vermont sociologist Allen Rothgill. They think about the ceremony and their future children, how to divide household chores and how to deal with in-laws. But they don't entertain the idea of divorce. "They think they will be in the 50

percent of marriages that work," Rothgill says.

Rothgill, who teaches an undergraduate class on marriage and family, is quick to note that the 50 percent figure doesn't apply "across the board." The number of divorces in the country is significantly affected by the age of the couple at marriage, poverty, teen pregnancy and other factors. But, for the sake of a general discussion of divorce, 50 percent is fairly accurate, she says.

Rothgill's research suggests that people are satisfied with marriage. As a society, we still embrace the institution and put our full faith in it, despite what the statistics may suggest — and even when we ourselves are children of divorce. A number of already engaged or married couples interviewed for the story fit that description, yet they say they had no conception about entering into a marriage themselves.

Rothgill points to three main reasons people still make marriage a goal:

- They continue to believe in the institution, even when they have been involved in a previous marriage that failed.
 - Marriage makes things easier socially and financially. Society understands the marriage framework and has put systems in place that benefit married couples.
 - People really want a life partner.
- "The benefits outweigh the risk for

people," Rothgill says. "People still believe marriage is a sacred institution."

In theory, at least, marriage provides stability, security and an assurance that someone will always be there for you. Plus, after a certain age, it is suspected of heterosexual couples. At some point, generally when committed couples are in their late twenties or early thirties, people start asking when they're going to get married. While Canada and many countries in Western Europe have rapidly declining marriage rates, the institution doesn't seem to have lost its luster in the U.S.

Plus, there is the notion that children thrive best in families with married parents. "People want a companion, and they want children," Rothgill says. "There is a really strong message that that's the best way to raise kids."

Early divorcee underestimates that message. The recently married Middlebury 30-year-old never thought she would be the knot she never had "little girl daydreams" about her wedding day like so many of her contemporaries. She wondered whether marriage was necessary for a successful family before she wed Drew Peluso, who had been married once before.

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and has two children from that union. "The couple and Robert's children were already a family here," Johnson said, she felt like she was on the outside. "It really had to impact marriage and job. What do we get from 100% Illinois? says.

Johnson says she came to see marriage as an anchor for their family unit as it developed. But she recognizes giving hitched is not for everyone and that isn't a cure all. "It was the opportunity to aspire to something with love," she says.

Alexis Bargas, who became engaged in April to her boyfriend of four years, Jay Doroche, says in her mind, marriage gives society a way to understand their relationship and the couple's feeling of being true partners. "It's solidifying you as a family thing, it's to a totally different level," said Bargas, of Williston. "It's important to be married."

Bargas lived with a partner for 10 years before meeting Doroche, but never had the level of commitment she does now, she says. As a child of divorce, the 36-year-old was wary of committing to someone who wasn't going to be an equal partner. "I don't want to go through what my parents did," she says.

It's difficult for people to talk about why they want to get married beyond citing the common idea of love, security, permanence and family. And, when the subject of divorce is brought up, many break it off in a way marriage is unworkable opportunity. You either take the leap or fork or you don't.

Wisniewski, the divorce attorney with Doreen Ruchlin Martin in Burlington, has seen her share of marriage disputes in the 11 years that she's worked exclusively as a "matrimonial and family lawyer" — the gender trade term divorce attorneys use — Wisconsin has come to believe that our culture relies on fairness about marriage, she says, and that those divorce help ensure there will be divorce. "People don't understand how hard it is to get uncommitted," she said.

For many people, Wisconsin puts out the day-to-day reality

of being married is eclipsed by the fiery side of the wedding day itself. The 140 billion American wedding industry will be the economy in the most important day in a woman's life, one whose expense would be spent. "It's about the dress and the reception," Wisniewski says. "The idea that now you're one. Now you're where there's something about that fiery side that people like to hang their hat on."

Our society has been sold on that fiery side, which can turn destructive and erode the foundation of a relationship. Wisniewski says many of the divorces she has seen occurred because people held unrealistic expectations about marriage and their spouse. No one can be a saint, a best friend, a lover, a confidant and more all the time.

The national divorce rate started to climb in the 1960s and '70s and peaked in the 1980s, in large part because Americans fulfilled their traditional norms — and wanted more out of their relationships. "We started having enormous expectations," Pettibough says. "We expected a lot from this one person. People need to ask: What can the one person realistically do for you?"

If the key to a lasting union is realism, perhaps that holds well for Gregory Douglas' impending marriage. The 28-year-old says his family has seen its share of failed relationships, leaving him with no expectations of marriage. The Essex Junction man proposed to his partner of five years, Glen Nielsen, last fall because he wanted to make their relationship "a little more concrete." Plus, family and marriage are paramount to Nielsen. Douglas figures marriage will be much like their relationship now. "I like not putting pressure on the couple to be anything more to each other than they are already."

"We're making a commitment to each other," Douglas says, "and I like to happen as it does." ☐





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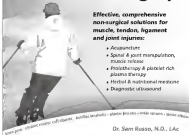
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Sweet Sensation

Theater review: *Souvenir*

BY ELISABETH CREAM

Each season, the early episodes of "American Idol" feature two-week auditions from new and returning contestants. Judges mock the hapless participants, who soon graciously are waived of their musical gifts and musical ambitions. This "no bad try-good" appeal is part of what draws viewers to reality television. But can audience schoolheads support a music contest that sells records and concert tickets?

Souvenir (1988-1994), in full, "The songs who couldn't sing and didn't know it became the toast of New York City in the 1950s and '60s" (Stephen Temperley's two-part play *Souvenir* (1994) affectionately retells *Jenkins'* story through the eyes of her partner, Gene McLean (1983-1990). For Vermont Stage Company, it's Doubtful and Nifty *Jenkins* give credit, will match performed by a reformed instead of a student and Sam Langner (Hewitt's son) as the director, the talent does turn the off key work's tale into a peak perfect evening of theater.

Temperley's script, which *A. Jenkins* on the left of *Flower Power* *Jenkins*, sticks closely to the stranger than fiction facts. The action opens 20 years after the diva's death as his biopic plays a late night bar gig and recounts his dream years as *Jenkins'* accompanist. His musician with Thompson as if they are harp partners who still remember the singer and her act, achievements. Matteson as *Jenkins* in both tracks with McLean and *Jenkins* together rehearsing or performing.

The weakly invisible passion for singing opens with *Jenkins* with her completely unfocused, yet utterly firm, faith in her musical talent. McLean usually agrees to help her prepare for her second at the Ritz Carlton Hotel — a quick one week assignment to pay her rent. He fears a longer assignment might damage his reputation and his audience. But he soon finds it hard to resist *Jenkins'* childlike belief in herself and genuine devotion to art. "What matters most is the music you hear in your heart," she insists. "The impossible ideal!"

As the years pass, her innocence and enthusiasm also trigger McLean's power to resist. He knows the pub he chooses for recordings and concerts to ensure themselves with how badly she fails. "If I could't sing but making a fool of her self," he reasons, "I could at least lose the damage." Their artistic partnership faces the biggest challenge when the singing soprano gets an invite to perform at Carnegie



THEATER

Souvenir (1988-1994) in full, "The songs who couldn't sing and didn't know it became the toast of New York City in the 1950s and '60s" (Stephen Temperley's two-part play *Souvenir* (1994) affectionately retells *Jenkins'* story through the eyes of her partner, Gene McLean (1983-1990). For Vermont Stage Company, it's Doubtful and Nifty *Jenkins* give credit, will match performed by a reformed instead of a student and Sam Langner (Hewitt's son) as the director, the talent does turn the off key work's tale into a peak perfect evening of theater.

Hall. Can McLean shield her from such a huge, hungry crowd?

As both narrator and participant in the story McLean is onstage for every minute of the show. Doubtful as to the audience's role. He first conveys what the young artist can't verbalize. Sharply tuned systems require shock a deeply but forced focused expression confidence and composure. During many scenes, McLean also plays the piano, which Doubtful does with effortless polish. He supports the soprano as classical musician, but also as companion himself. His lyrical tone voice shines as easily standards such as "One for My Baby."

The historical *Jenkins* was laughed at. Johnson capably plays Temperley's character as someone who audience is not to laugh with. Johnson's most patient musician, distinct and growing to portray *Jenkins* as a charming blend of a dream and out of touch. Thompson's details, such as a key-like giggle, soften the impact of *Jenkins'* abuse of the actual voice. And Johnson's masculinity is something that *Jenkins* is unable to lose in song precisely off-pitch and deliberately out of rhythm with such animation and order.

A much better, busy grand piano on loan from a VBC patron, anchors *Jenkins'* weekly act. Most of the action takes place in *Jenkins'* well appointed music room. The furnishings reflect her traditional taste: roses, wicker, sage, floral wallpaper, Oriental carpets and silk floors. French doors allow *Jenkins* to enter through the rear wall.

Lighting designer Jeffrey K. Kolbinger does an amazing job of conveying *Jenkins'* set location's place by allowing her the act on it. To open the show, he creates the

atmosphere of a dusty diva, with blue and purple lights focused tightly on McLean at the piano. A small light fan that bathes the whole stage in warm tones quickly transforms into the music room. The bar and more intimate for brief episodes, allowing McLean to shift between remembering and reliving his experiences.

Both McLean's lively talent continues help convey the two sides of *Jenkins'* personality. The sensitive woman beautifully tailored dresses in tasteful, solid colors, paired with ladylike accessories including an embroidered handkerchief. The diva, on the other hand, sports outrageously over-the-top outfits, matching a then-to-sing (yes, *Jenkins* had, oh, many ways. *Jenkins* embraces *Jenkins'* "one day" from a woman of deeply lightish girls' power to wear while singing. McLean, a navy suit, is the perfect visual foil, calm and neutral.

In the story's surface, McLean is also *Jenkins'* emotional foil. As her love grows, he becomes her protector. But looking back, he recognizes that her certainty — however misguided — made her formidable, not fragile. "So long as we're together, there's nothing we can't do," she tells him. And he realizes that their friendship also made him strong. ☺

I *Souvenir* directed by Sam Langner. Tickets (sponsored by Vermont Stage Company) Paper: \$10.00. Run: 7:30 p.m. February 27. Wednesday through Saturday at 7:30 p.m. Saturday & Sunday at 2 p.m. \$12.00. Run at Town Hall Theater. Monday February 17-18. Thursday & Friday 7 p.m. and Saturday at 2 p.m. & 7 p.m. (both nights only).

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A Burlington baker shares ways to give your lover a (sugar) rush

BY SUZANNE POSHAZER

For her first romantic dinner with the man who would become her husband, Smith made a chocolate amaretto cake from a recipe by Glode De Laurentis. "It was *just* the cake. I made the night I proposed to him," recalls the petite Burlington baker, now 46.

Smith clearly knows something about mixing the heart and mind with the help of the stomach. And now she's selling the fruits of her experience through her Burlington-based baking business, the *Nomadic Oven*. Among the treats on her special Valentine's Day menu are candy boxes filled with honey caramels and truffles, and a trio of veggie, gluten-free confections called *Sweets of Nomadicness* stuffed dates, apricot "gnocci" and almond balls.

But to really get their sweeties in the mood, customers may want to try a *Perman Love Cake*. With February 14 fast approaching, Smith agreed to share with *Seven Days* a few of her secrets for making some worthy desserts.

In the two-layer *Love Cake* is something as its name suggests? When we visit Smith's kitchen, she's putting the finishing touches on one by slathering it with rose-scented whipped cream, then smoothing the top and sides. Next, she places green pistachio halves and both pink dried rose petals around the edge.

Several of the cake's ingredients — including cardamom and rose — are considered aphrodisiacs. In Middle Eastern lore, pistachio has signify romance, too. When the cake opens, their cheeks bloom with a loud pop — a good omen for lovers who hear the sound while strolling in a pistachio grove at night.

That all sounds pretty accurate, but the *Perman Love Cake* isn't an authentic Middle Eastern treat. It is, however, an Internet phenomenon. A recipe from the June 2005 issue of *Real Simple*, and its subsequent appearance on the Epicurious website, have spawned comments, blog posts and even cookbooks to come up with a fittingly sensual creation story. In fact, the recipe appears to be the handiwork of celeb pastry chef Elizabeth Falkner, a winner of *Los Angeles*



Citizens Cake. (Smith opted not to share her adaptation, but numerous versions are online.)

Although the confection doesn't hail from the Middle East, it does apply classic flavors of that region — rose water, cardamom, saffron and pistachio — to a particularly American concept: the fluffy, cream-frosted layer cake. Specifically, it's a chiffon cake — supposedly invented in 1927 California by the aptly named Harry Baker, who worked as an insurance salesman before becoming a caterer.

"If I was going to become evangelically about one thing [in baking], it would be about how good chiffon cake is, and how underused and underestimated it

is," Smith says. "People are impressed with glacé, but I don't know." Chiffon cake has more leavening than its French cousin and is made with oil instead of butter, so it has a lighter texture. "You can eat a chiffon cold, and it will still have a nice melt-in-your-mouth texture," Smith points out.

Though it may be as American as it is "Persian," the *Perman Love Cake* meets Smith's definition of romantic: "You want something with luxurious flavors and luxurious textures," she says.

To prepare the cake for transport, Smith — clad in a lemon-yellow shirt, red checked denim pants and jeans — places it on a plastic base

and pops a cover over the top. It's a ritual she will probably perform many more times in the weeks before Valentine's Day. Since she doesn't have a brick-and-mortar store, she does all her whisking and beating in her kitchen and any apartment kitchen — certified by the Vermont Department of Health — and sells her goods at the monthly Burlington Winter Farmers Market. To keep busy between markets, Smith works as the pastry chef for Cloud9 Caterers in South Burlington, and the *Nomadic Oven* accepts custom orders for pickup or delivery.

In her kitchen, Smith has the *Perman Love Cake* process down to a science: She grabs ingredients from a trip loaded

with eggs and a tall bottle of rose water; spoons bags of pistachios and flower petals from the City Market bulk department. When she's done with something, she immediately puts it away over her belly, butter-colored kitchenaid mixer. After using it to whip egg whites, Smith sets it aside and folds the cake batter by hand. A few minutes later, she brings the mixer out again to make whipped cream frosting infused with saffron and rose water. "If I don't keep things neat, I get distracted," she says. "The definitely of the belief that a cluttered space means a cluttered mind."

Although the work fits her personality, Smith rejects the notion that she was born to bake. — "I think I could have been a million other things, too" — but notes that she got an early start as an entrepreneur of the edible. "In eighth grade, I made it known to my friends that I was available for custom cake decorating and ordering," she recalls, giggling at the thought of making a profit off her parents' party staples. "I always had side businesses making different kinds of food."

The *Perman Love Cake's* unusual flavors are nothing new to Smith. When she traveled to Morocco at 18, she discovered sweets scented with cardamom and flower petals. A few years later, her first pastry chef job (she'd already completed a series of apprenticeships) was in a bakery that turned out Eastern European, Armenian and Russian desserts. "That was the beginning of my total love affair and obsession with flower water," she says.

The taste she chose for her company, the *Nomadic Oven*, may refer in part to her extensive travels. "When I was a kid, my family lived in *Adana* for a few years, so we'd do interesting experiments making things you couldn't buy," Smith recalls. "We had a little egg beater with a crank on the side, and we used to make marshmallows by hand." The food at her wedding was Moroccan, and the couple took their honeymoon to Sicily. As Smith cooks, French chassais from her childhood play on the stereo.

SWEETS: JAMES

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SIDEdishes

BY SUZANNE PODZINSKI

Totally Tapas

SPANISH EATS COMING TO BURLINGTON'S LOWER MAIN. When Chef **BOB MINICHIELLO**, 41, decided to move to Burlington, he was determined to discover not a single Spanish restaurant in the area. That's about to change. In March, Minichello will open the doors to a tapas bar called **VINO LUNA**, located on the corner of Main and South Champlain streets where the Race Gourmet Café used to be. The name refers to the spot's location on lower Main, but lower also means little in Spanish.

Minichello — a Bostoner who attended a small culinary school in Baton Rouge, La. — used to own a restaurant and winery called *The Entry* in Newburyport, Mass. Although the entry was sequestered from the community and the Baton Rouge, the town couldn't support it year-round. "It was on the southeast, water was very stark," Minichello says. Wanting a community that hosted all year, he moved to Burlington last April and began seeking a space for his next venture. *Podzinski* took six months.

The restaurant, its windows currently covered in brown paper, is getting a healthy fix. The result will be an open, hot bar, so customers can help up to a bar and watch the chef summer and stir as they dine. Beer and wine will flow at a second bar with its own host of its own. In summer, Minichello intends to open up to outdoor patio.

Although he plans to have a bunch of pastas — say for meals — and around 25 different tapas, Minichello can't yet ready to divulge the contents of the *Vino Luna* menu.

"It's so rough, don't right now," he jokes in.

"The one that has been of course with smoked trout to start. There will be some fish, I will do some cured ham, some more to try dishes," he says. "It'll be very casual, very approachable."

His industry has been "a waiting spot" but to date, most of Minichello's kitchen experience has been at French restaurants. After school, he did a stint at the famed *Cassandre's* in Paris in New Orleans. Then, though, Minichello says he's looking forward to serving a different style of cuisine. "French restaurants seem so serious and so subdued sometimes," he says. "The atmosphere is typically by contrast, you being stronger together."

seasonal and beef stew, and former dishes such as prosciutto croutons with bacon, lentils, potatoes and corn in a lobster cream broth. Beer, wine and spirits will be available, too.

The Country Pantry was a famous bapsin. Boley guesses that his locally sourced, made from scratch place will cost a bit more. "The dinner we're trying to keep the menu to around \$18 per plate," he says. "Our two egg bowl [breakfast] with homemade bread is \$5.95." So far, the response Boley's seen in the community has convinced him he's doing the right thing. "Thousands of people have come in here and asked us good luck," he says.

Ultimately, Boley hopes to "move into" the Vermont Breakfast Company concept. "I'd like to put one in Burlington and one in Montpelier," he says. Like that, **PODZINSKI** **WINKS**.

Crumbs

LET OVER EGG NEWS. For years, customers of **UNCOMMON GROUND** in Burlington had to dig out their gummy bears or spare change to buy jam. Beginning on February 6, the cafe will finally accept credit and debit cards. "The trend in our area is that people

snapping spot will offer a series of 10 tastings to help educate consumers about coffee. The first three classes focus on the roasts of different world regions. The fourth is about how various roasts affect the flavor of the beans.

"It's an opportunity to compare [coffee] side by side that you wouldn't normally get," says Weiss. "We thought it would be a good thing for people to learn the language of the coffee industry." Catch the buses.

Don't forget to tune in to the *Real Network* on February 7 at 8 p.m. to watch the folks of **VEGETARIAN BROWNE & BERRY** handle it out on "The Weekend with Bobby Bley."



Vermont eateries are as hot as ever. In *Food in Wine* magazine's "A Foodie Guide to Aerie Skills," author Jan Murphy mentions Burlington, the city that **ROCKAWAY HUNTERY** makes exclusively for **STONE HUNTER** homes. "It grows extra deliciously well with all **STONE HUNTER**'s original plants," she enthuses.

Locals have known about **ROCKAWAY** for years, but it looks like Andrew Kozlovich of *Real Food* just made his first visit. He is called the *Waterbury* entry on a list of the "Best New Restaurants in Vermont." The owner says that "chef and owner **ROCKAWAY**'s natural blue, a hint of the specific match with the Vermont house in a most elegant" ☺

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Northern Nosh

IN CHAMPAIGN BY BREAKFAST COMPANY WILL SERVE MORE THAN BREAKFAST

Since A.J.'s Country Pantry in Berlin closed last December, hungry Franklin County residents have been waiting to see who would take over the space. Now they know. Within the next few days, **JOHN PERRY**, who ran **THE HAZEL RESTAURANT & BAKERY** in Jeffersonville, will replace

the spot as **VERMONT BREAKFAST COMPANY**.

"I was looking to expand my business... And this, by chance, I stepped in here [at A.J.'s] on the day they closed," Perry recalls.

His planned menu will be huge, with this pages per meal. Breakfast will feature eight breakfasts, including a late-mid cake version. Breakfast will bring a mix of hearty items, such as



are using debit cards and not carrying cash. We want to keep them as customers, so we have to adapt," says owner **UNCOMMON GROUND**.

That's not the only *UNCOMMON* starting next Monday at 6:30 p.m., the

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food

Matrimonial Meals



When it comes to weddings, restaurants are the new banquet halls

BY ALICE LEVITT

There's no denying it: Ours is a foodie culture. In the time of James Beard, "gastronomy" was a dirty word, but now it's a common lifestyle. We live in a world where office workers leave work celebrations blissing about their looking.

With all this time we spend in restaurants, is it any surprise we want to convert our lives to our passions there, too? For many, banquet halls with pre-selected choices as fish options don't cut it anymore.

And the venue for smaller weddings means a common-sense approach: you can't be too picky, either. Many restaurants can host a crowd. (7 Nights has quite a few with large side rooms to accommodate a wedding party — try using keywords like "banquet" when searching.)

Trying the best at a favorite dinner spot can be even cheaper than throwing the life at home, when one adds up the savings on the exterior and odds and ends such as rented tables, lenses and cutlery. And choosing a venue where everything's already in place, from chef to our check, eliminates hours of planning time.

In Vermont, the restaurant wedding trend spans every type of eatery, from the highest end contemporary *Astoria* on to pub. We spoke to three couples about their special days and the food they shared at their favorite houses.

Bruce Hatrak and Andy Bernaford, The Kitchen Table Bistro, Richmond

When Bruce Hatrak and Andy Bernaford took their commitment ceremony in 1985, the ate what was then gourmet. "It was like college cocktail-party food — the 1985 version," says Hatrak with a

laugh. At the time, he was a third-year law student and Bernaford was a college senior. Bernaford even baked their own cake, a Williamsburg Orange Cobbler from the Betty Crocker Cookbook, which he calls "my first real cookbook of my very own."

Fast-forward nearly 25 years. Hatrak, now 31 and a lawyer, and Bernaford, a 35-year-old psychologist, already had a civil union. But to celebrate marriage equality, they were at long last legally

wed on September 8, 2009, in front of their 12 closest friends.

Guests par excellence, who are just as comfortable living in Oak Hill Inn in Portsmouth for rail hotels as they are dining at Joe's Suburban in Poole, Hatrak and Bernaford couldn't write far just any

special feast. So they had theirs at one of Vermont's finest restaurants: "We're older and wiser now, and we have the money," says Hatrak.

Though the pair dined regularly at local restaurants, including *Solstice*, *Rise of the Wind* and *Troisfleur* in Berlin, they ultimately decided on The Kitchen Table Bistro because of its small, private side room and their longtime friendship with chef-owners Steve and Lora Adams. It was also convenient to the couple's home in Williston, where the couple's apartment ceremony took place.

Guests included Matt and Spencer Wilbur of *Half Past Two* in Burlington's Interline. When the party arrived, the Wilbur's toastmaster was the first thing served. But this was no event-specific menu. Hatrak says the group ordered straight from the regular one and made no special requests beyond "if you have options, we would like some."

"Everybody was sharing," says Bernaford. "People were ordering that Pisco Mac and Cheese." Guests also

**IN VERMONT,
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WEDDING TREND
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engaged. Misty Kendall, Chicken Liver Pitt with cornmeal, pickled onions and whole-grain mustard, and mixed scallops.

Although he had a red at the Williamsburg Orange Cider and champagne wedding at home, Kendall couldn't help but dig into his favorite dinner prepared by Lara Atkins — the Open Road Charleston Carlini Band with Grilled Asparagus.

The *Whimsy* and musician Neal Johnston possessed Katink and Ruffalo with a cake (off the charts the staff were when they cooked at the summer's ultra chic). Outstanding in the field since at Half Past Noon, but the couple attended. Henrik says, "Almost all of our guests were food in hand." He goes on to mention a *Spokane* bread machine, 25-year-old balsamic vinegar, and Williamsburg's All-Clad Ultimate Christmas Roast.

This year, the pair plans to host a larger event to celebrate the 15th anniversary of their commitment. Who knows what delicious delights are in store?

Peter and Joanne White, The Belted Cow Bistro, Essex.

When Joanne White, now Larouque, director of global logistics for Barton Seafoods, married Peter White, she had few of the stresses of the average bride.

Now a salaried for beverage distributor glutton, White was once a successful Boston restaurateur. The job "afforded me the opportunity to attend hundreds of weddings at which I was not a guest," he says. With that experience under his belt, White was happy to take the reins of his December 23, 2009, wedding. "I left it to the experts," says Joanne. "It ended up being the best gift to our families and to me, since I did not have to do any of the planning."

The other "expert" was another former Boston restaurateur, this one still playing the trade in Vermont: John Delpho, chef owner of The Belted Cow



Delpho and White became acquainted when they worked at Taste of the Nubian.

at Taste of the Nubian. Delpho is for longer during Sheri Our Strength.

Though White says he's "a huge fan of John's food," it was the furniture at The Belted Cow that sealed the deal. The central, 14-foot communal table made from the floorboards of an 18th-century Pinot furniture kitchen was a perfect fit for the 18 guests. Because of the wedding's small size, choosing to hold the event at a restaurant was a no-brainer, says White. In his view, "At a restaurant, decorum, passion for food and quality of beverage service for surprise uphuguet hall or canopy, outside of five star."

When it came to menu planning, White says, "John and I sat down and brainstormed it out in seven minutes. I've eaten enough of his food that he can describe it to me and I can imagine how it tastes." Several of the guests left from The Belted Cow's menu made up appearances. (They were also on the table when Delpho married at Junior Cutler's in the restaurant last year.)

When the day came, the couple stood with their family and friends on the steps of Hinesburg Town Hall and said their vows under a dawning snow. Then the whole group headed to Essex, where plates of Delpho's selection Grilled Filet with Duck Confit, Vermont Swiss and Blue Cheese and Black Rps were passed around, with some dark, free pieces to please vegetarians.

Delpho's signature polenta-wrapped Pen's Greens salad started

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Matrimonial Meals by Jeff

the old-timey parties of the mid-North coast family-style pleasures of Hawaiian home plate, clam, salmon and Delphi's award-winning pork ribs. The evening party course was followed by glistening cracker cocktail. As White put it, the less cultivated eaters also had the option of a "great weekend potato bowl out" — Double Cut Roasted Ribeye with Horseradish Cream and Wild Mushroom Bordelaise, with smoothie worthy sides of roasted fingerling potatoes, caramelized onions and breads.

The sixth course was chocolate chip cookies with wedding cake, another nod to tradition. What wasn't traditional? The couple insisted on spending part of the December evening outside at the restaurant. Though White protests the temperature was fairly mild, he adds, "We're Vermonters. We had some white stuff blowing around."

In retrospect, White says the dinner was perfect for him and his guests. "We had some sophisticated, world-traveled palates and very pedestrian eaters, and it worked well to both."

Jones agrees: "It was an unforgettable food and wine experience."



are served each Sunday. All this made Martin's workplace seem like the perfect venue for the wedding.

Like the other couples profiled here, the Martins chose to forgo a banquet hall, given the smallness of their party. "For the both of us, it was our second time around," says Martin. "We did all our thing the first time and decided to keep it small."

His crowd of 80 filled the Puppy's cramped dock that day in May 2001. Attendees gathered around the small pen behind the restaurant and even assisted themselves playing horseshoes while they waited for dinner.

Though Martin says he is a fan of the regular menu at his restaurant, he and Sandra wanted something a little more out of the ordinary to follow their vows. Spunked Puppy owner Mi chelle Simon enlisted her brother, Nick LeBlanc of Rick's Catering in Essex Junction. He often caters for events, from birthdays to funerals, at the restaurant. He created a whole pig for the assembled guests, with apple, sweet-and-sour and barbecue sauces. Martin family remembers sides of fried beans and potato salad.

The cake came courtesy of Simon from her other business, the Quality Baker Shop, also in Essex Junction. Glazeless Pies & Creamsicles were got in on the act, gifting the Martins with fresh flowers to go all around the dock.

The kitchen was off without a wall, table, and bus were inspired numerous requests. Martin says other weddings and moments of vows at Spunked Puppy have even included a kiss — complete with pig roast. Other couples have drawn on the regular menu's selection of American favorites. "It's very good food," says Martin. "It is a beautiful setting you just wouldn't expect." ☐

6 The Kitchen Table Events 534 West Pine Street, 8 pm-11 pm 658-9000
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In need of
septic repair?

Pump out/sewer & septic

sewer

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estimate

Call for

estimate

Call for

estimate

Call for

estimate

buy this stuff

ANTIQUES/ COLLECTIBLES

CASH FOR RECORDS & STUFF

FREE STUFF

FREE FURNITURE

IS THERE MOVIE MATERIAL?

ELECTRONICS

NATIONAL VIDEO & AUDIO

DET DET

JACK OF ALL TRADES

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ENTERTAINMENT/ TICKETS

LIKE THE GRATEFUL DEAD?

FREE STUFF

FREE FURNITURE

IS THERE MOVIE MATERIAL?

ELECTRONICS

NATIONAL VIDEO & AUDIO

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FREE FURNITURE

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auditions/ casting

Baby, it's cold outside!

Snuggle up with
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MONDAY THROUGH FRIDAY (EXCLUDING HOLIDAYS)
MICHELLE BROWN FID: 655-7030 X21
MICHELLE@SEVENDAYSVT.COM

LEGAL ASSISTANT

Medium sized Burlington law firm seeks experienced legal assistant. Proficiency in Word and Excel, experience with transcription equipment and excellent communication skills required. Previous real estate and litigation experience a plus. Fax cover letter and resume to Jenny at 802-658-5685.

Address County Council against Domestic and Sexual Violence is seeking a **Coordinator**. This is a seasonal job as required for the staffing and coordination of Council's hotline and other services. Council's services include but are not limited to: multi-faceted emergency services, crisis counseling, emergency shelter, advocacy, support and support services, collaboration with local and statewide entities to promote safety of the victim. Successful candidates will possess a strong knowledge of domestic violence issues, experience with domestic violence, ability to work with law enforcement and emergency services, and strong interpersonal skills. Training opportunities are available and resume review will be held.

Please address your letter to:
Coordinator
Address County Council
PO Box 1111
Burlington, VT 05401



Address County Council
AGAINST DOMESTIC
& SEXUAL VIOLENCE
www.address.org

AMERICAN LUNG ASSOCIATION

Education and recruitment and resource marketing initiatives. Employee will work as part of a regional team and manage multiple project deadlines.

Interested candidates must have a bachelors degree and should include cover letter with salary expectations and resume. No cost, to employment@lung.org

DEVELOPMENT PROFESSIONAL (PT)

Burlington VT office

Position will manage special events from recruitment to analysis, direct partnership coordination and marketing and resource marketing initiatives. Employee will work as part of a regional team and manage multiple project deadlines.

HAIRSTYLIST/BARBER

Immediate Opening
Full- or part-time

Commission based compensation with paid vacation. Join this busy men's salon. No clientele necessary - you will build one quickly! Must be professional, team player, energetic, highly motivated! Please have a current license, one year of experience and talent. Special sign on bonus of \$3000!

Please call 802-468-5511
and ask for Janine.



BIG LEAGUE HAIRCUTTERS.

HowardCenter

DEVELOPMENTAL SERVICES

INTERNSHIP COMMUNITY SUPPORT WORKER

Existing weekend 12 hour position supporting 3 workers in the downtown area. Best fit is someone able to be flexible and accepting while modeling appropriate independent living skills.

SPECIALIZED COMMUNITY SUPPORT WORKER POSITIONS

Person, creative, and active individual sought to provide 15 hours a week of home and community support to individuals 18 year old who enjoy learning, swimming, card and music. Ideal candidate has 1-2 years experience.

Professionally experienced nurse sought to provide 20hrs of support to a 17 year old young man. Must be able to set and maintain boundaries and be comfortable with challenging behaviors as an active part of a comprehensive support team.

Active 21 year old young man whose goals focus on attending daily exercise needs 25 afternoon hours of support in the home area. Ideal candidate is creative, experienced female.

Person and energetic person sought for 17 after school hours supporting 18 year old man with autism on part of a 2:1 team. Most candidate is able to problem solve on the fly and a comfortable working through challenging behaviors.

TRAINING SPECIALIST

40 year experience needs 20 hours of training support in the Burlington and Essex communities. The enjoys her volunteer work, social and arts and crafts projects. Most candidate is a person with no criminal history. Person can be requested.

MENTAL HEALTH AND SUBSTANCE ABUSE

CASE MANAGER - CHITTENDEN COUNTY

The Chittenden County, the authorities office in Chittenden County, is seeking a part-time Case Manager (approximately 10 hours/week). Duties include but are not limited to: assisting clients with pre-arrest and intake, facilitation of psycho-social groups, and assisting patients with accessing community resources and coordinating care. Bachelor's required previous experience in the field of mental health and substance abuse.

CLINICAL SERVICES ABUSE - CHITTENDEN COUNTY

The Chittenden County, the authorities office in Chittenden County, is seeking a full-time substance abuse clinician who will provide individual and group counseling to patients who are open to treatment. Position will require the candidate to establish and maintain clinical records, adhere to clinical practice programs in behavioral and coordination of care. Candidate must have a minimum of 3 years of clinical work and/or a 12 week intensive treatment to substance abuse treatment.

COMMUNITY SUPPORT CLINICIANS

Seeking energetic, compassionate and organized clinicians to support persons with serious mental illness in recovery. Be part of a multi-disciplinary team providing positive problem solving, advocacy, case management, counseling and crisis support. BA or Master's Degree in related field and experience with persons with serious mental illness preferred. Join our fun and dedicated team making a difference. Full-time, excellent benefits.

SAFE RECOVERY INTERIM SERVICES SPECIALIST

Howard Center Safe Recovery program is looking for an energetic, compassionate and organized individual to fill an Interim Services Specialist position. Be a part of a team that works with people who are in or at high risk of leaving the system related to drug/alcohol, drug/alcohol, and/or mental health. The ideal candidate must have case management experience, a belief in harm reduction principles, problem-solving skills and the ability to communicate effectively with a variety of audiences. Full-time, excellent benefits.

DISPATCHER

Seeking individuals to serve 24/7 hours as well as part-time who are motivated by the Court Court Clerk position and the Project CASH Program. Individual will shop/wrap and disseminate general and specific information regarding the program. Bachelor's degree required. CASH or LAC/CC/CC 20 hours per week. Excellent benefits.

Visit www.howardcenter.org for more details and a complete list of employment opportunities.

Howard Center is an Equal Opportunity Employer. Minorities and people with disabilities are encouraged to apply. EOE/DFW. All offers competitive salary and comprehensive benefits package (health/dental/vision).

CARING PEOPLE WANTED



Be us or be personal!

Home Instead Senior Care is a provider of non-medical companionship and home helper services to seniors in their homes, a working family-friendly and degreed aide people. CAREGivers assist seniors with companionship, light housekeeping, meal preparation, personal care, errands, and more. Part-time flexible scheduling including evenings, weekends and overnight shifts currently available. HomeInstead.org

Please call 802-866-8205

HELP WANTED

Computer labor needed to assist Shelburne, VT. students learning basic adaptive software programs (Dolphin) 2-3 hours per week. \$10 per hour plus mileage, own transportation necessary.

Contact Jenni at DRI: 1-800-308-9712

CHURCH MUSICIAN WANTED



Seeking talented musicians to help provide music for the church. We are looking for a variety of instruments including piano, guitar, drums, and more. Please email your resume to info@churchmusician.org

The Battered Frog

is seeking an experienced **LINE COOK** with a team mentality. Minimum 2 years experience. Please email your resume to info@batteredfrog.com



hair stylist

Full time hair stylist position available at Gentlemen's Top Option Salon for Men.

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Desire more of the artful practice, as strong growth made, working remote.

DENTAL ASSISTANT

For more info, visit www.dentalassistants.com



Director of Property Management
Addison County Community Trust
Rogers, VT

The Addison County Community Trust (ACCT) serves the affordable housing needs of Addison County's large rural county in Central Vermont. ACCT seeks a full-time Director of Property Management to join ACCT's team in Rogers, VT, office.

The Director of Property Management will report directly to the Executive Director and is responsible for the operation of an attractive, safe and well-maintained portfolio of apartment properties in the county including managing income based subsidies effectively, ensuring the residents' managing and collecting rent payments, perform maintenance and ensuring compliance with federal state and local programs including HUD, HAP Section 802, SSI, and more. The Director will supervise 1 full-time and 1 part-time apartment management employees in addition, the Director of Property Management will also supervise ACCT's office manager and 10 staff who handle the portfolio.

Qualifications: A qualified candidate will have experience in residential property management, be able to work independently, enjoy communication, communicate effectively orally and in writing, and possess good payment and administrative skills. Experience in HUD, Section 802, SSI and more. The Director will supervise 1 full-time and 1 part-time apartment management employees in addition, the Director of Property Management will also supervise ACCT's office manager and 10 staff who handle the portfolio.

Compensation: Salary commensurate with experience. Benefits include health and dental insurance, vacation, holidays, sick leave, pension, long term savings and 401K, retirement plan, and more.

Please send cover letter and resume by February 10, 2012 to jobs@addisoncountycitytrust.org or by mail to Addison County Community Trust, 100 Main Street, Rogers, VT 05869. In consideration of the position, please only please.

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New, local, scam-free jobs posted every day!

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HEAD OF SCHOOL POSITION

A newly created key leadership opportunity to join our staff at Middlebury School in Middlebury, Vermont. The K-6th grade is a 30-year old independent school of 64 children, housed in a renovated 18th-century barn with a big blue roof.

The position will provide collaborative leadership and oversight of our school community.

Job requirements include a master's degree and 10 years experience including working with children, managing staff, creating and facilitating short- and long-term agendas, developing and managing budgets, and skills in consensus building and collaboration.

Salary range of \$40,000 to \$50,000 with a full benefits package.

Three letters of recommendation required. Send to middleburyhead@middlebury.edu, Middlebury, VT 05753.

Deadline for applications is March 1, 2012.

Established practice in need of a full-time

Optometrist

Two offices located in Burlington and Essex Junction, VT. Start date: August 2013.

Requirements: 00 licensed to practice in VT. Excellent clinical and communication skills. Willingness to practice at both locations. Willingness to participate in office's on-call service.

Experience in co-management of refractive surgery patients. Have endorsement to treat glaucoma. Contact refractive therapy certification.

Please email CV to eyecontact@vtnet.com, Attention Jan Eriksson.

ATTENTION RECRUITERS:

POST YOUR JOBS AT SEVENDAYSVT.COM/JOBS FOR FAST RESULTS
OR, CONTACT MICHELLE BROWN- MICHELLE@SEVENDAYSVT.COM



CONTACT MICHELLE:
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michelle@sevenmag.com
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Monday-Friday
3 opening shifts
(6 a.m. - 2 p.m.),
2 closing shifts
(9 a.m. - 5:30 p.m.)
\$9/hour to start.

Call Ron or Kyle,
802-872-2616.



LPN
Private Duty
Thursday & Friday Days

Charming 17 year-old girl in need of fun-loving, dependable nurse. Clean and cozy private home is 35 minutes worth of Burlington. Total assist with ADLs, g tube feeds & respiratory management.
\$27.80/hour

Email nursingad36@aol.com
or call 802-893-6366.

CHAMPLAIN
COLLEGE

Support the College in its initiatives to become a world-recognized leader in graduate programs. The Office of Graduate Studies is cross-functional and oversees all processes associated with the design, delivery and governance of all graduate programs that reside in the academic divisions or report directly to the Office of Graduate Studies.

The successful candidate will report to the Associate Provost of Graduate Studies and will manage all operations and administration for programs, special projects, and budgets directly associated with the office.

A bachelor's degree and 3-5 years of relevant experience is required. Candidates must also have strong organizational, communication and management skills, have the ability to work in a collaborative environment with academic divisions, experience in project management, budgeting, event planning, curriculum development and program oversight. Expert skills in software applications including MS Suite and user friendly webpage editing tools are essential. Experience with Canvas LMS and Outlook are preferred.

This is a temporary full-time position until June 30, 2018.

Submit a resume and cover letter online at www.champlain.edu/hr after The successful completion of a criminal background check is required as a condition of employment. Review of applications to begin immediately. Positions open until filled.

Champlain College values, supports and encourages diversity of backgrounds, culture and perspectives of students, faculty and staff. We are an Equal Opportunity Employer.

Join our
employee family!

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- The BEST Customers & Co-workers
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For more info, call 660-4611

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Program Evaluator

The Vermont Child Welfare Improvement Program (VCIWIP) at the University of Vermont has a temporary position available from September 2012. The position is a 9-month work year, starting in October and ending in September 2013. The Program Evaluator will work with a team of health care professionals to evaluate existing maternal and child health (MCH) data and make recommendations for improvement and changes to improve selected MCH outcomes. Responsibilities include developing, research plans and protocols, data management and analysis, data collection, data analysis, and reporting. Collaborate with all stakeholders and families to share a positive health and communication strategy and ensure needed system and policy changes. Deliver data-driven evidence, statistical analysis, and communication skills required. Please email your resume/CV and brief letter outlining your qualifications to Debra.Dunne@uvm.edu.

The University of Vermont is an Equal Opportunity Employer. Persons displaying a job posting on this website have been selected, hired, and trained for employment on an ongoing basis.



HELP DESK NETWORK TECHNICIAN

Are you a computer whiz who enjoys sharing your superpowers with others by helping them make their way in the virtual world? Are you planning to work for a growing, dynamic company here in the beautiful city of Winooski? If so, then BioTek may have the perfect opportunity for you. BioTek Instruments, Inc. is a world leader in the design and manufacture of high performance, microplate based, life science instrumentation and software used to accelerate drug discovery and aid in the advancement of life science research. We are currently seeking an Information Technology professional to join our team of highly regarded and respected staff within our IT department.

Primary responsibilities include providing technical assistance to PC and network users and helping to administer the help desk. Candidates should have the ability to troubleshoot at the PC component level, a minimum of two years' related experience in the Windows networking environment, strong knowledge of Windows Server and excellent written and verbal communication skills along with the desire to offer exceptional customer service. An associate's degree in a related discipline as well as speaking knowledge of MS office products is strongly preferred.

BioTek, voted the Best Place to Work in Vermont 2009, attributes its success to our dedicated employees and offers a respectful work environment, competitive salary and an excellent benefits package. To learn more, please visit our website at www.biotech.com. To apply, send resume to hr@biotech.com or mail them to:

Human Resources
BioTek Instruments, Inc.
P.O. Box 998, Highland Park
Winooski, VT 05404-0998

AA/EOE



Join the team at Gardener's Supply Company! We work hard AND offer a fun place to work with customer service, discounted supplies, PTOs, employee garden plots and much more! We also offer strong cultural values, competitive wages and outstanding benefits (including a generous discount on plants & products).

Design and Installation Supervisor

We're searching for an individual to join our Retail team based in Watkinson. The Design & Installation (DI&I) Supervisor will oversee the landscape design, installation and customer delivery of soil, mulch and plant material. This person will work closely with the Commercial Manager to improve sales, profit, and deliver an exceptional customer experience. Our ideal candidate will have a minimum of 2 years direct customer service experience, 3+ years of landscape design or related design, advanced gardening/horticultural knowledge, and experience supervising a team, individual or tasks. This individual must have strong communication skills and have the ability to stay organized, focused and calm in a fast-paced environment.

Inventory Planner

We are seeking an Inventory Planner to join our Merchandising/Inventory Control team who will manage our product assortment, maintain inventory levels and support all of our businesses. They will use forecasted demand trends, prior history, and order flow comparison to anticipate and meet our customers demands and meet our corporate fill-rate goals. This person will also be responsible for managing the drop ship process for all GBC drop ship SKUs across all product categories. We prefer that our ideal candidate has purchasing experience in a retail merchandising environment, with extensive retail purchasing experience, and a fast track career, or exceptional life experience.

We are an employee-owned company and America's leading catalog & web-based gardening company! Interested? Please send your cover letter & resume to Gardener's Supply Company, 128 Interstate Rd., Burlington, VT 05401 or to jobs@gardeners.com.

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Vermont Information Processing (VIP) is a full service provider of technology solutions for business professionals. Since 1977, we have provided a complete software package that handles all business functions for a complete business management, order processing, sales reporting and financial management.

VIP has an exciting career opportunity for a high energy individual. The candidate must be motivated and enthusiastic to work as part of our growing team. We offer a full benefits package including health plan, 401(k), ESOP, profit sharing and an exit option and bonus facility.

Job Description

Work directly with our Sales team and customers to ensure timely presentation and delivery of software.

Maintain positive relations with clients and vendors.
Assessing and general client data relating to purchasing and sales are fulfilled.
Pick up for clients.

Minimum Position Requirements

At least 3 years degree in information with experience
Ability to work as part of our team and manage multiple projects.
Proven and flexible attitude only need apply.

Interested candidates should send a resume and cover letter and receive to:

Sherry Wilson, sherry@vipinfo.com
Vermont Information Processing
402 Waterlover Circle, Colchester, VT 05446



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Lab Technician - Transportation Research Center - #000848 - The Transportation Research Center is seeking a lab technician to support its research activities and assist in transportation research. The position involves laboratory work, data collection, and analysis. The candidate must have a degree in transportation or a related field, and must have experience in laboratory work. The position is located in the Transportation Research Center, which is a leading research center in the field of transportation research.

Research Assistant - Transportation Research Center - #000847 - The Transportation Research Center is seeking a research assistant to support its research activities and assist in transportation research. The position involves laboratory work, data collection, and analysis. The candidate must have a degree in transportation or a related field, and must have experience in laboratory work. The position is located in the Transportation Research Center, which is a leading research center in the field of transportation research.

Research Assistant - Transportation Research Center - #000846 - The Transportation Research Center is seeking a research assistant to support its research activities and assist in transportation research. The position involves laboratory work, data collection, and analysis. The candidate must have a degree in transportation or a related field, and must have experience in laboratory work. The position is located in the Transportation Research Center, which is a leading research center in the field of transportation research.

For further information, please contact the Human Resources Office at 802.241.2000. Please send your resume to hr@uvm.edu. We are an equal opportunity employer. Minorities and women are encouraged to apply.

The University of Vermont is an Equal Opportunity Employer. Minorities and women are encouraged to apply. Applications will be accepted until the position is filled. EOE/DFW.

WALL GOLDFINGER

Antiques and Builders of Fine Antique Furniture Since 1977

Experienced Technical Salesperson Wanted

WallGoldfinger, a manufacturer of custom contract bookshelves located in Vermont, seeks a dynamic salesperson to join our team. Our specialty is engineering and producing heavy carved, highly technical bookshelves.

The successful candidate will have 10-15 years experience in either antique furniture sales in New York and the eastern United States, or in architecture as a specialist of custom contract furniture. His or she will be expected to understand construction and organizational skills, a strong understanding of the custom manufacturing process, knowledge of a wide variety of materials, and the ability to maintain professional under pressure. This is a factory based, informal reporting structure, direct contact with clients, analysts and dealers while selling an integral liaison to in-house design and production staff. Moderate travel required.

We are an excellent opportunity employer offering excellent compensation and a benefits package that includes health, dental, and 401(k) plans. Please submit resume to: hr@wallgoldfinger.com, 7 S. Main St., Northfield VT 05601, or email to wallgoldfinger@wallgoldfinger.com. For more information about the company and details on the position, visit our website: www.wallgoldfinger.com.



CHAMPLAIN VALLEY HEAD START



Champlain Valley Head Start (CVHS) is a program of the Champlain Valley Head Start Association, Inc. (CVHSA) which is a 501(c)(3) non-profit organization. CVHSA is a member of the National Head Start Association (NHSA). CVHSA is a member of the National Head Start Association (NHSA). CVHSA is a member of the National Head Start Association (NHSA).

EARS AND NOBLES HOME VIDEOS - CVHSA is seeking a person to work in the EARS AND NOBLES HOME VIDEOS program. The person will be responsible for the program and will be working with the staff. The person will be responsible for the program and will be working with the staff. The person will be responsible for the program and will be working with the staff.

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Laboratory Research Technicians - Animal Sciences - #102692 - Seeking a motivated Laboratory Technician to provide technical support in mammalian and avian laboratory. Due will work in a team setting with other technical staff at complex investigations, such as those conducted in the experimental units of our animal research and human. The successful applicant will also be expected to maintain laboratory animal health and welfare. Successful research team includes: pathology, and molecular/biochemistry. (Bachelor degree in Life Science with emphasis in either Microbiology and Molecular Genetics or Biochemistry and work in a research related research laboratory experience required). Excellent compensation, advancement, and employee staff support.

Business Systems Administrator - Center for Health & Wellness - #102693 - Provide financial and general administrative operational support to the Center Manager for the Center for Health and Wellness. Position requires a combination of computer and general financial and administrative support. Must have a minimum of five years experience in a financial position responsible for processing various and complex accounts. Previous computer related budget change order (MCA) system and general and administrative budgeting skills. Responsible for the administrative support to new employees, including professional development requests for CWHW staff. Responsible for overall delivery of various staff support services and general administrative support to various departments. Responsible for the administrative support to new employees, including professional development requests for CWHW staff. Responsible for overall delivery of various staff support services and general administrative support to various departments. Responsible for the administrative support to new employees, including professional development requests for CWHW staff. Responsible for overall delivery of various staff support services and general administrative support to various departments.

For further information on these positions and others currently available or to apply for this position visit our website at: www.uvm.edu/jobs Phone: (802) 456-1146. Email: hr@uvm.edu Applications and cover letters must be submitted by email to: hr@uvm.edu Paper resumes are not accepted. Job positions are updated daily.

The University of Vermont is an equal opportunity employer. Minorities, women, veterans and people from diverse backgrounds are encouraged to apply.



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CCV Admissions Systems Assistant supports a unique remote open-enrollment office in a wide range of administrative functions including data entry, printing and sending study materials, running batch data transfer processes and other ongoing or technical administrative tasks. The Admissions Systems Assistant will assist with scheduling, scheduling, and will serve as the central administrative resource for the CCV remote office location and the ground school. We seek an open-minded candidate who values student experiences and diversity is energetic and successful in managing, and positive working in a collaborative environment. Associate's degree plus three to five years administrative experience required. Bachelor's degree and experience in a higher education setting preferred. Essential computer skills including database administration, and all Microsoft Office applications, particularly Excel, Word, Access and PowerPoint. Strong organizational skills and attention to detail required. Research communication skills, the ability to deal with a wide variety of student and related constituents, ability to maintain confidentiality and ability to maintain high level standards of customer service are also required. Knowledge of student assessment and retention preferred.

A full, part-time and application information are available at www.ccv.edu deadline: Applications are due by February 27, 2013

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Junio's Italian Colchester
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The SEVEN DAYS Guide to Vermont
Restaurants & Bars

*Info: sevendaysvt.com/winter-bites/
*Info: sevendaysvt.com/winter-bites/

It was while backpacking around New Zealand with her husband that he came up with the idea of opening a bakery that would lead to a single location. "We were staying with a lot of different people, and I was looking for a lot of people because it was a good way of exchanging hospitality," she says. They moved to Vermont last spring, and Smith got her business rolling in time to sell at the Old and New North End markets.

The only downside to her career is that her husband can't surprise by her delectable concoctions. "Being a pro baker would pretty much has really ruined my best trick, because Dan is no longer really impressed when I say, 'Look what I baked,'" she says.

But couples in the wedding stage — or hoping to ingest some sweet treats as an anniversary — can certainly turn off from her expertise. Smith shares a couple of her inventions that she finds particularly fitting for a celebration of romance, including a recipe for honeyed pats de crème (see sidebar). "There's a sensual, unctuous element to pats de crème," she says.

Plus, the dessert is served chilled. "I'm all about the romantic desserts that you can cook in advance and whisk out," Smith says. That way the cook won't be all "hot and sweaty" from running around the kitchen when his or her date arrives.

To demonstrate, Smith pulls a chilled flaky vanilla from the fridge, tops it with a dollop of whipped cream and a drizzle of honey, and places it on the counter. Her version of pats de crème — duck cream trifles without the burnt sugar topping — is simply yet elegant.

"It's always important to use good ingredients," Smith remarks. "But here, where there are so few ingredients, it's extra important." In her opinion, commercial honey can taste "harsh," so she gets hers from a small local producer.

Smith also demonstrates how to turn squares of gumpaste-covered chocolate into little round-looking truffles coated in cocoa powder (see sidebar).

As much as Smith is an exotic sweets, eggs, pastry, and tea and wine, she doesn't believe the food of love has to be fancy or expensive. "There's the sexy truffle and chocolate silk of vanilla" — you think about typically romantic treats like hazelnut, rose truffle," she says. "But I think romance on a day-to-day basis has more to do with comforting, maybe something like, like fresh bread and hot tea and such."

Be those who can't content with that on a V Day, though, she'd be happy to whip up a Pensive Lemon Cake. You'll have to find your own ripening pitted cherries govt.

ROMANTIC RECIPES

Honeyed Pats de Crème

Serves 12
 2/3 cup heavy cream
 2 tablespoons honey
 1-inch piece vanilla bean
 2 egg whites
 Gelatin 1/4 cup orange blossom water
 1/2 cup sugar
 Two 4-ounce containers unbleached parchment paper
 A shallow pan

- 1) Heat the cream and honey in a small saucepan on low heat. Stir until the cream is hot. Remove from heat, add the vanilla bean and sugar. Let steep for 15 minutes.
- 2) Preheat oven to 325 degrees and line a parchment paper in a shallow pan.
- 3) Remove the vanilla bean from the cream mixture and reheat it just until bubbles appear.
- 4) Whip the gelatin in a small bowl. Whisk the egg whites until the peaks starting with just a fine tip and pour the cream mixture slowly and carefully (do not stir). This is called "folding" the egg whites.
- 5) Pour mixture into ramekins and set them in the shallow pan. Carefully pour cold water into the pan until it reaches halfway up the sides of the ramekins.
- 6) Bake until, in pan, it's glossy with bubbles for 20 to 25 minutes or until the center of each ramekin is still slightly wobbly. Remove ramekins from water and let cool 15 minutes. Carefully place on a plate.
- 7) Serve with a dollop of homemade red velvet whipped cream and a drizzle of honey.

Ginger Truffles

Serves 12
 8 ounces semi-sweet chocolate
 2/3 cup heavy cream
 1 ounce honey-ginger gelatin and cut in
 1/2 cup sugar
 Cocoa powder for rolling truffles
 Gelatin 1/4 cup orange blossom water

- 1) Chop the chocolate fine and put in medium bowl. Heat the cream in a small saucepan until bubbles appear and the cream is hot. Remove from heat, add ginger and pour over chocolate. Let steep for 15 minutes.
- 2) Remove the ginger from the cream mixture and pour the cream mixture into a small bowl. Stir the mixture until smooth. Add the gelatin and stir until the mixture is smooth. Add the sugar and stir until the mixture is smooth.
- 3) Pour into a shallow dish and let cool for 15 minutes. Remove from heat, add the cream mixture and stir until the mixture is smooth. Add the gelatin and stir until the mixture is smooth.
- 4) Pour into a shallow dish and let cool for 15 minutes. Remove from heat, add the cream mixture and stir until the mixture is smooth. Add the gelatin and stir until the mixture is smooth.

E More info: www.bonappetit.com
 Photo credit: © by Andrew Weiss for Bon Appétit

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music

Fantastic Voyage

Jacob Edgar: Entrepreneur, ethnomusicologist ...TV host?

BY DAN ROLLES

It must be fun to be Jacob Edgar.

He's the founder of a cutting-edge world music label, Gumbacha. He's an internationally respected ethnomusicologist who, for nearly a decade, traveled the globe as the vice president of A&R for one of the most influential labels on the planet, Putumayo World Music. This month, he adds another feather to a cap already crowded with bright plumage: television host.

On Tuesday, February 8, Edgar debuts as the host of a new analogues program for PBS called "Music Voyage." Think the Travel Channel's "The Reservation" with Anthony Bonville, except that instead of seeking cultural enlightenment through food, it's ascertained through music. And instead of a lovely New Yorker, your host is an amish he-man paragon from Philadelphia.

But how did 40-year-old Edgar—who built his career as the man behind the scenes—come to be the face of a budding television franchise?

Prior to "Voyage" he'd worked with Putumayo for several years trying to develop television programming about its tremendous music, but had little to show for it.

"We had many trials and tribulations, spent a lot of money, traveled a lot all over the world to try and make some things happen," says Edgar. "And nothing ever really came together."

Out of the blue, he received a phone call from producer Ronch Singh, who had recently pitched Putumayo as ideas for a music and travel-themed television program. The pitch was rough around the edges, but Singh had been

advised by the label to contact Edgar as a consultant.

Singh and Edgar spent several months looking out everything from potential destinations to the minutes of back and forth. But when it came to finding a host for the program, they were coming up empty.

"We had all these very young people in mind—celebrities," says Edgar with a chuckle.



Jacob Edgar

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SPENT THE BULK OF HIS ADULT LIFE DOING JUST THAT.**

After weeks of brainstorming, Singh suggested that Edgar should host. Edgar was reluctant at first. But he warmed to the idea after traveling to New York City for an elaborate screen test that would ultimately turn into a miniature version of the actual show.

"We went to all of my favorite hole-in-the-wall places," says Edgar, recounting various NYC nightclubs, restaurants and music shops he visited, concurren-



TUE. 99 / THE DAREDEVIL CHRISTOPHER WRIGHT (JERK)

Oh, Claire! Just what, exactly, is in the water in Eau Claire, Wis.? The sleepy burg gave the world Bob Dyer a nest three years ago. Now, it shares another group of favorite sons in the personage of **THE DAREDEVIL CHRISTOPHER WRIGHT**. An critics from *Rolling Stone* magazine to this very paper have noted, the trick's debut album, *is Deference to a Brother Road*—produced by Sean Evans/Justin Vernele, no less—actually turned indie-folk convention on its ear, and represented one of the more charming, if overlooked, records of 2009. This Tuesday, catch them in the cozy confines of Burlington's Radia Bean.

BATCH #101

champaign valley

BAR-KATTO (Savoy Picture Show [price \$10] 9 p.m., Free)

OTTY LAMPS (Gance Pottery& Bullfeet [O.U.] 9 p.m., Free)

TWO BROTHERS DANCE (Rob Beal/Biggie & Lee [J&K] 9 p.m., \$5)

northern

THE INDIANS (Stankie Rhythm Band [rockabilly] 9 p.m., \$5)

THE NEW PIZZERIA & PUB (Mike Edwards Band [rockabilly] 9 p.m., Free)

MATSKANDER (Jeff Plashed [J&K] 9 p.m., \$5)

PIECEDAYS (Karlene Chatterbox in St. John's Nelson & Center [J&K] 9 p.m., Free)

BOYFIE (Mike, Stompin' Mike and Bill [Rockabilly] 9 p.m., \$5)

regional

MINNEAPOLIS Capital City [J&K] 9 p.m., Free

TAMMERCILAND HIRETCLAW All Right! (Gance Party [Rockabilly] 9 p.m., \$5) 9 p.m., Free

SUN.07

Burlington area

WELLSIDE (Furniture in L&L's Web Bldg.,

Westmore & Vermont [J&K] 9 p.m., Free)

HOBITY'S GOLD BRICK TOWN (George Weller/J&K with Andy Albright & Ben Biss [J&K] 9 p.m., Free)

SOLO BRAN (Dr. Joe [J&K] [J&K] 9 p.m., Free)

THE LAMBERTS (The LAMBERTS [J&K] 9 p.m., Free)

AL & BISHOP (Travis [J&K] 9 p.m., Free)

MON.08

Burlington area

WELLSIDE (Furniture in L&L's Web Bldg.,

Westmore & Vermont [J&K] 9 p.m., Free)

THE LAMBERTS (The LAMBERTS [J&K] 9 p.m., Free)

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TUE.09

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Raise Your Voice!



It's no wonder the music world is buzzing about singer-songwriter Tim Eriksen. His background encompasses everything from South Indian classical music to hardcore punk, and he's spent time onstage with folks such as Kurt Cobain and Jack White. Luckily, though, Eriksen's storytelling skills are the big draw and he puts them to use in murderballads, 19th-century shape-note songs and Wilky Appelachian and Irish songs. His 2009 release *Northern Roots Live in Nantux* alternates tunes like *With the Fiddle*, bango or bango snare with straggled-down ditties showcasing his raw voice. The *Boston Globe* describes his works as "at once sweepingly epic and as intimate as a lover's whisper." Eriksen's stop at UVM will also get pretty intimate: He'll lead audiences in shape-note practices at a preconcert lecture. *Pa-so-la-ma-zing*.

TIM ERIKSEN

Friday February 6, 7:30 p.m. at UVM Recital Hall in Burlington. \$15-\$35. Free parking. Talk at 6:30 p.m. Info: 855-4455 www.uvm.edu/eriksen

Some Like It Hot

You've heard of Charlie Chaplin and Buster Keaton, but how about Charlie Powell? This actor-director of the silent film era is often forgotten, but his clever shipstuck comedy shorts, such as "New You Tell One" and "It's a Bird," are back on the big screen this week — and they're silent no longer. The Hot Club of San Francisco pays tribute to the narrative secrets of Powell's films by accompanying them with jazz renaissance, or gypsy jazz, à la Fama in the 1920s. Formed in 1990, the Hot Club emulates Django Reinhardt and Stéphane Grappelli's renowned string band *Quintette du Hot Club de France*. The Hot Club's swinging melodies are "intricate, scorching and often brilliant," says Acoustic Guitar, and they also accompany shows by James Shilley Watson and Harold Shaw. "The best from the past is anything but played out."

HOT CLUB OF SAN FRANCISCO — SILENT SURREALISM

Saturday February 6, 7:30 p.m. at Town Hall Theatre in Newbury. \$15 Info: 433-9981 performingarts.org

Where All the Women Are Strong...

Regardless of whether women over the airwaves actually belong to forces "meant for radio," as the saying goes, one radio program can't school to show its forces elsewhere. Robert Altman put a fictional version of "A Prairie Home Companion" in theaters in 2006, but this week Lake Wobegon buffs can move the real show in action when it airs live in high-def throughout the continent. Since 1973, Garrison Keillor's radio program has made a name for itself with regular skits such as "News from Lake Wobegon" and "Guy Noir: Private Eye," plus featured American folk artists, comedy sketches and stellar guest effects. "The headliner — singing at those Vermont venues — often English singer-songwriter Elton Cavendish and folk duo Helen and Linda Williams to just a few of the featured guests. No need to tune your dial."

'A PRAIRIE HOME COMPANION'

Thursday February 4, 8 p.m. at Cabotland Arts Center in St. Johnsbury. \$10-\$15. Info: 388-8800. Thursday February 6 and Saturday February 9 (encore) 8 p.m. at Palace of Commerce in South Burlington. \$10-\$25. Info: 855-0300. Thursday February 6, 8 p.m. at Town Hall Theatre in Middlebury. \$15. Info: 388-8000.



Credit: © David Laundy



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4 & 9 | FILM

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WOMEN BUILDERS Push back up their hair and meet it strongly through periodic exercises. Some fitness centers offer women's fitness classes. For more information, call 1-800-368-3688.

WFO 05-00-001

6 | OUTDOORS

Hibernation Hiatus

The snappy words may be "lovely dirt and dogs," as Robert Frost wrote, but they're wide open as daytime exploration at the Great Mauntenain Club's 16th annual Ironhorse Festival on Saturday. Outdoorpeople of all ages step in a pair of scuffed footwear to participate in fast, fresh or off-roads adventures throughout the day. Kids and adults of all ability levels seek the surrounding 60 acres of hills and fields on short, guided wheeling or on foot at regular intervals. A handful of educational exercises focus on animal tracking, outdoor cooking and navigation skills — while giant globe building and the unusual "Snowshoe Olympics" let folks romp in the powder. No snow? No problem. Families can still seek the day-light on bikes, sweat a couple deers or try some yoga. Either way, it's perfect for shaking off that bout of cabin fever.

SNOWSHOE FESTIVAL

Saturday February 6 4:30 a.m. - 5 p.m. at Green Mountain Club Via Car Center
in Waterbury Center \$8.00 Free for kids under 12. 802-244-9227 ext. 33
greenmountainclub.org

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Mulholland Falls

Thursday 8:00PM
Robocop 3

Friday 8:00PM
True Heart

Saturday 9:00PM
At the Earth's Core

Sunday 11:00PM
Sometimes They
Come Back

Monday 8:00PM
Secret Admirer

Tuesday 8:00PM
Johnny Be Good

* Digital Channel: 5-2 * Burlington Telecom: 305
* Time Warner: 854 * Charter: 296 * Comcast: 169

For 24-hour program listings, visit WPTZ.com

calendar

WED 03-04PM

Arts

PAINTER MORGAN Ends and opens portrait exhibition at the Burlington Center. Mulholland Falls and Robocop 3. 4-6 p.m. Free. Info: 484-0002

PICTURE MUSIC MUSEUM Exhibition of photographs and various documents at a local art and music store. Colchester Meeting House. 5-8 p.m. Free. Info: 876-3300

THE INDEPENDENT THEATRE Little more than a year into the 10th anniversary of its founding, the theatre is celebrating its 10th anniversary with a production of *The Invention of Solitude*. 8 p.m. Free. Info: 227-2326

Music

LAKE CHARLES CHAMBER MUSIC FESTIVAL **WINTER SERIES** Ends at South Park United Methodist Church and will feature a performance by the Lake Charles Chamber Music Festival. 8 p.m. Free. Info: 337-1000

Sports

ALSO RINGING Portland's students look at the team and the history of the team. See also: *The Ringing of the Bells*. 8 p.m. Free. Info: 337-1000

Dance

ANNE CLARK A 19th-century portrait of a woman in the 19th-century. The portrait is a portrait of a woman in the 19th-century. 8 p.m. Free. Info: 337-1000

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DR. MARY CHILDREN A portrait of a woman in the 19th-century. The portrait is a portrait of a woman in the 19th-century. 8 p.m. Free. Info: 337-1000

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Children

THEATRE A portrait of a woman in the 19th-century. The portrait is a portrait of a woman in the 19th-century. 8 p.m. Free. Info: 337-1000

Calendar

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Goddard College

Goddard College will undergo a comprehensive evaluation visit on March 24, 2010 by a team representing the Commission on Institutions of Higher Education of the New England Association of Schools and Colleges.

Goddard College has been accredited by the Commission since 1959 and was last reviewed in 2002.

The public is invited to submit comments by March 24, 2010 regarding Goddard College to:

Public Comment on Goddard College
Commission on Institutions of Higher Education
New England Association of Schools and Colleges
209 Burlington Road
Bedford, MA 01730-1435
info@ncea.org

http://www.goddard.edu/selfstudy_comments

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DAVID LARSON: "The Mountaintop" is a tale of love and devotion. Through February 26 at Rock Point Arts Center. Gates closed at 6:00pm on Friday. Info: 227-1128

NEWEN DANCE THEATRE HOURS: Hours of dance performances for the arts and sciences program are held weekly at 7:00pm on Wednesdays. Performances by the Mountaintop Arts Center in Montpelier. Info: 227-1128

GRASS HIPS: Playing at Vermont's capital city through February 26 at Montpelier City Hall. Info: 227-1128

FRIENDS OF GORDON COLLEGE: The Gordon community celebrates gifts of talent, style, and vision and other art donations and hangovers. The new stage art gallery through March 1 at Gordon College in Plattsburgh. Info: 227-1128

GRACE 2010: A group of artists by artists who have participated in the program of the Vermont State Council on the Arts and the Vermont State Council on the Arts. The new stage art gallery through March 1 at Gordon College in Plattsburgh. Info: 227-1128

GROUP SCULPTURE SHOW: Sculpture at the Oak Grove Art & Book Project and Oak Grove Art & Book Project. The new stage art gallery through March 1 at Gordon College in Plattsburgh. Info: 227-1128

JOHN BAKER, DESIGN: "The Mountaintop" is a tale of love and devotion. Through February 26 at Rock Point Arts Center. Gates closed at 6:00pm on Friday. Info: 227-1128

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THE ART FACTORY: Playings from the living exhibit of Vermont artists from the future of the state, from the gallery. Info: 227-1128

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Robert Waldo Brunelle Jr. "The Buckle & the Little Deuce Coupe" is the title of the Jetrich artist's current exhibit in Burlington's Wing Building Gallery. His collection of colorful figurative paintings features 10 from his "Hot Rod" series. Visits: February 11-12, 1-2, 4-5.

By profession is art and architecture Peter Bruegel and his students. Through April 11 at Montpelier College Museum of Art, info: 333-8387

QUEST FOR A NEW "Gathering Together" Bruegel's 1991 "an exhibit of contemporary and art objects and following the 2000 Vermont South Africa Year. Through February 26 at Jackson Gallery. Visits: 1-2, 4-5, 11-12, 13-14, 15-16, 17-18, 19-20, 21-22, 23-24, 25-26, 27-28, 29-30, 31-32, 33-34, 35-36, 37-38, 39-40, 41-42, 43-44, 45-46, 47-48, 49-50, 51-52, 53-54, 55-56, 57-58, 59-60, 61-62, 63-64, 65-66, 67-68, 69-70, 71-72, 73-74, 75-76, 77-78, 79-80, 81-82, 83-84, 85-86, 87-88, 89-90, 91-92, 93-94, 95-96, 97-98, 99-100, 101-102, 103-104, 105-106, 107-108, 109-110, 111-112, 113-114, 115-116, 117-118, 119-120, 121-122, 123-124, 125-126, 127-128, 129-130, 131-132, 133-134, 135-136, 137-138, 139-140, 141-142, 143-144, 145-146, 147-148, 149-150, 151-152, 153-154, 155-156, 157-158, 159-160, 161-162, 163-164, 165-166, 167-168, 169-170, 171-172, 173-174, 175-176, 177-178, 179-180, 181-182, 183-184, 185-186, 187-188, 189-190, 191-192, 193-194, 195-196, 197-198, 199-200, 201-202, 203-204, 205-206, 207-208, 209-210, 211-212, 213-214, 215-216, 217-218, 219-220, 221-222, 223-224, 225-226, 227-228, 229-230, 231-232, 233-234, 235-236, 237-238, 239-240, 241-242, 243-244, 245-246, 247-248, 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2385-2386, 2387-2388,

movies

Crazy Heart ★★★★★

There isn't a major organ in country cutaway that Mike's body that hasn't been abused to the brink of failure: his 32 and if his smoking doesn't keep him from seeing 30, it's very likely his drinking will. Then there's the depression damage done over the decades to his heart, some of it by the fates, much of it by himself. He has four ex-wives, a grown son he's never met and a God-given talent he's squandered. The hickered '78 Studebaker he drives from gap to gap is a better place

to Jeff Bridges and a has-been, but thanks to *Heaven's Gate* and first-time writer-director Scott Cooper he is not a cliché. Once the leader of a chart-topping band and the writer of bestselling novels, Ford has been reduced to playing his barely used bits in indie slashers. The film's opening scene tells us almost everything we need to know about his present lot. Belted downing from an unmarked pump, he powers a plastic pop of pee on the parking lot of the past life's playing that night and groans, "Well, a fuckin' bowling alley." There makes a landing for his lot.

MOVIE REVIEWS

The perkiness's road takes an unexpected turn a night or two later in Santa Fe. As a favor to the pianist in her pickup band, he agrees to an interview with the fellow's sister, an aspiring journalist named Zee. The scenes take place at beds one star noted and aren't what either expects. The young woman knows enough about the history of country music both to impress her subject and be more than a little in awe of him. His answer before he even knows what's hit her

What had Blake does not want to talk about, is former sideman turned supervisor Thomas Street (Colin Farrell). Something soured the relationship during a tour the two did together years earlier. We

soned by decades of formula filmmaking, we suspect the former prototype to be a pump-out, one-stop affair. In just one of several ways *Crash* flouts the convention: Farrell's character never waxes and desecrates when



FLUORIDE DROPS: The actor's on-again, off-again net, *20/20*, and *Weekend Update* are likely to pick up the first season of his career for his continuing portrayal of a country has-been on *Weekend Update* from *SNL*'s *Conan*.

their paths eventually cross. He doesn't just sing Rado's songs. He sings his prison

The story takes a number of other surprising twists, but I'll leave the temptation to all spoiler on you in my enthusiasm. Suffice it to say almost nothing turns out the way you initially think it will. And then, of course, on top of a story that almost never strikes a false note, the film features the soundtrack and lead performance of the year.

As a rule, you couldn't pay me to listen to country, but there's something about the original music written for the movie by T-Bone Burnett and the late Stephen Bruton that transcends the genre. It's haunting, filled with hard-won truth and catchiness as hell, all at the same time. The actors do their own sing-

ing and, if you ask me, should have gotten as much attention at the Grammys as they're sure to at the Oscars.

Which brings us to Jeff Bridges, who appears certain to walk away with his first statuette after four nominations. It's the performance of his career — and has given some great ones. Rarely are characters brought to such believable life down to the smallest detail, and what makes that work here even more remarkable is that he was seriously wrecked by the flu through most of the shoot. I spend a couple of hours in the company of *Red* Elkins. I feel certain you'll agree this portrait of a comedy post-biting looser stores an artist at the top of his game.

RICH KARDONER

Edge of Darkness ★★

On a pop-culture site I frequent, there's a commenter who evaluates every movie in terms of "swagz!" Translated from the language of video gamers that basically means headbangers — or as an incoherent word, much as Urban Dictionary puts it, "the act or state of perceiving flavor and tactile domination among readers."

Taken, for instance, is a movie lesson for its old-gay-perpetrator-ownright, not its reporter. People who liked that will probably hope for more of the same from *Edge of Dark* next, whereas savvy Russian expats Tim Crovan (Mel Gibson) sets out to revenge the murder of his daughter.

The film does offer a solid 3D spectacle or so of courage — some reflected by Gibson and some by Ray Winstone, playing a shadowy corporate fiend with a dark brogue. The problem is the rest of it consists largely of people scrambling to duck shots. Gibson gives an intense performance to say the least, but he never seems to connect with anyone else — not even Winstone, whose more ambiguous character he is supposed to be developing as a new mascot.

While some parts of the film drag, in other director Martin Campbell suddenly jacks everything up to fever pitch. The results are unapologetically silly in a scene where Gibson meets with a young woman (Carolina Kostova) who may be able to tell him why his grown daughter (Eugene Nordvold) was gunned down in front of his home. After the two actors engage in a scorching chewing showdown, during which Kostova's character keeps robotically whining, "I'm so scared," the steps from melodrama to meta in a dose so ludicrously well-timed it earns a *Best Direction* nomination.

Ownage? Lots. Gown weariness? That too. The whole sequence seems especially pertinent when one considers that the scolded witness could just as easily have slipped her evidence in the mud.



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company one that could replace his daughter's powerful father, serving as a de facto successor called Northrup, actually parading last (Denny Hargrave) and (James all) on a UTV. The UTV was a 1960s Ford Fairlane, based on the near-legendary Ford Mustang (also directly by Campbell) that struck a nerve back in 1965 with its Gold Wild angled depiction of collusion between the government and the nuclear industry. Thank you to the Gale hypothesis, writer Tom Kennedy. Martin took his conspiracy thriller line, paraded, apocalyptic and even neoconist territory. Simple line: "I believe the Earth problem will define itself, appear all domains."

Seconds like an attitude the Nerve would go for. But, while *Avatar* is making it cool to hug trees again, you won't have any lines remotely like that in *William Shakespeare and Andrew*.

Beverly's screenplay. They've reshaped *Edge of Darkness* into an ode to its own blue-soulful hero – Gibson's character is a Vietnam vet who diagnoses the notion of PTSD – and has nothing else for 'his girl' (Woody, his daughter's mother, is never mentioned, as if the spring fully fared from Mel's skull [in Athens]).

If *Conan* attracts an unhealthy alliance of weapon makers, politicians and bad guys, so be it, but he really cares only about recognizing his culpability—in short about getting his fair share of swag. Need I say he does? While the screenwriters try to add moral layers to the movie—Whitman does some mumbling about F. Scott Fitzgerald and Dogme—we're only succeed in making it longer. Rent the original—or, for heaven's sake, watch it.

HAROLD HARRISON

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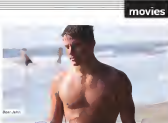
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What and the Chipmunks
The Squidward 10:30

Sun 7 - Mon 8 - Tue 9
Sun 7 - Mon 8 - Tue 9

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11



ARIES (March 21-April 19) "There are more than 100 million people in the world who know how to make proper use of their emotions." So said the ancient Greek historian Polybius, and now he's conveying the message to you. I hope it will serve as a spur in the wake of your recent triumph. Will you continue with money banking in the past? I'm seeing this prospect just ahead of you, and you just gotten to business and use your new advantages to upgrade your destiny to what we might refer to as a 10:20.

TAURUS (April 20-May 20) "Millennium should be observed," as a 19th century astronomer William Herschel discovered at the planet Uranus. He was referring to the specially heavenly bodies, but let him to expand the meaning far your use. According to my analysis, it has become very important for you to make an decision in mid-June, anything that you miss. Doing so will turn you in to a very high good road to heaven or otherwise the best decisions in the coming weeks.

GEMINI (May 21-June 20) "One doesn't discover new lands without consenting to lose sight of the shore for a very long time," wrote French author Andre Malraux. He quipped that 2009 was a time when you embarked on such a search. Gemini—a full-fledged gleaming signpost on that making you to leave the first behind without leaving when the future lay off your though. I suggest you have sighted the shore of your new frontier. If you haven't yet, it's high time now.

CANCER (June 21-July 22) I wonder if you can see inside the mind-bending signs by Cancer. The possibilities for transforming difficult parts of your life are substantial. It means a few ways that could play out: 1. A can-fusing a little way for partially solved through a semi divine intervention. 2. A new spot could be worked in thanks to the power of your destiny. 3. An experience that has caused you pain may be "harmonized" allowing you to suffer less. 4. If you use summer the capacity to generously tolerate uncertainty, you may find and exhilarate an unspoken part of your life. I'm not saying for sure that any of this stuff will happen, but the odds are favorable that at least one will.

LED (July 23-Aug 22) "What will it be, Len? A lot of interesting, slow and stunning developments and opportunities? Or strong smiles and swaying winds of other people's heads? Or will this be the week you finally sit atop the magic windmill and look down the secret formula? Will this be the breakthrough moment when you outmaneuver the dragon with that somewhat heavenly? You're better seeing for when I've said so early necessary. I really hope to you. Either someone could unfold. You have to decide which one you prefer and then act on your intention."

VIRGO (Aug 23-Sept 22) I don't want to be a teen you, but I think you may be in a tight hepatic. Some right now it's possible that the thousand year of your routine has shut down some of your natural abilities, lowering your awareness of some situations that you really need to tune in to. Let's do something about this. When I want to think, you will hardly miss out of your date and become a little weaker. 1. 2. 3. Now look around you and get yourself more closely in touch with your immediate environment. Make an effort to avoid use of bad hair and smell everything that's going on. Then will have the effect of maintaining your subconscious mind. Then for a period of at least five days you'll have a kind of X-ray vision.

LIBRA (Sept 23-Oct 22) "You would sit down some good fortune for yourself if you brought results to that end or give it a little personal time in small little home or decided your old laptop to a low-income family. Did you really also an excellent time for you to stretch a little law for a bigger market share, or to get the upper hand in a competitor or to bring your credit as debts to people in a position to help you." That's the odd bit about this week. Can help a little for a few minutes and a professional companion in that only comes in—they're a spirit-like relationship.

SCORPIO (Oct 23-Nov 21) Last week was the anniversary of my very first weekly horoscope column, which appeared years ago in the Dead Times, a newspaper in Santa Cruz, Calif. My first effort was crude and it took a little less compared to what I've been learning to create. And yet it was indeed with a general feeling of a heart that I'm writing this week. It has a certain charm, and many people seemed to



Aquarius

Jan. 20-Feb. 18

I got an email from an Aquarius reader complimenting that the astrologer she consulted in early 2008, including me, was wrong about the year ahead. All of us said it would be a time of expansion and opening for your tribe, a phase of rapid growth and fresh energy. But according to this reader, 2008 turned out to be very different. Every Aquarius she knew had a tough ride. Here's my response: Expansion and opening did indeed occur, but their actual effects were not what you expected. They shattered the old containers of our life in order to make it possible for you to create new, bigger containers that would be more suitable for the person you're becoming. And though 2008, as when you will work in earnest to create those new containers. Now's good time to dig it.

find it useful. Today I dove down to that early effort, hearing it for the first time and thinking it for the first time. I found it encouraging to do something similar to what I just

described. Scorpio. Pay homage to the signs that made it possible for you to be who you have become.

SAGITTARIUS (Nov 22-Dec 21) In the Chinese language, there are two kinds of just forces. In one, you speak from an intent or experience that you personally know to be a fact. In the other, you deliver information that you have gathered elsewhere and therefore can't definitively reach for. In my perfect world, you Sagittarius would find ways to represent this perspective into all your conversations during the coming week. In other words, you would consistently distinguish between the unimpeachable truth and the alleged truth. According to my analysis at the astrological center, this would be your great point to influence the rhythms of life for you and your loved ones.

CAPRICORN (Dec 22-Jan 19) "The great composer does not act to work because he is inspired," wrote music critic Leonard Bernstein. But becomes inspired because he is working. Bernstein, Richard Bissell and Maurice send down day after day to the job in hand. They didn't waste time waiting for inspiration. I think what Bernstein and applied to those working in any field where creativity is needed—which is nearly just about every field. Given your current aching of stress, Graham's especially speaks for you now. It is an excellent time to move to governance of the land of discipline that requires genuine thought—not just accepting blind faith.

PISCES (Jan 20-March 20) I wish you could see the giant part of this through in several past lives, and while simultaneously making, repeat it. Always through an indirect way better. This would bend the spiral we continue back to a point before your recent debate began. Then, armed with knowledge of the future, you'd be able to have your very own sign elegantly through the only mode of a human mind is understanding. But since the high tech solution I described may not be possible, I suggest that I instead you disengage of theories about why people are doing what they're doing. Instead, move on to something that you can use the highest degree of clarity hidden in every moment. Be a flame of love, not a swamp of self-pity. And, as you send humble words and witty observations when links with you get weaker.

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Curses, Foiled Again

After robbers used heavy metal doors to smash their way into a Whole Foods Market and make off with \$171,156, police quickly identified the culprits because a witness remembered the perambulating license plate — "J4M182P" — on the sporty black BMW used as the getaway vehicle. Police found James Ruff, 27, and his brother Wayne, 38, holding more than \$140,000 of the loot and rounded up the rest of the gang "It was the distinctive use of the car which contributed to the robbers' undoing," prosecutor Daniel Williams said. (The Daily Telegraph)

After receiving a report of a City Transfer truckload down outside Hamilton, Wash., state police arrived to find a 16-year-old Tacoma man climbing the truck had run out of gas. After some time, a City Transfer worker reported spotting the stalled vehicle, saying it had been stolen from the City Transfer yard in Sumner. Shortly after police arrived, a City Transfer worker who witnessed the theft arrived and identified the 16-year-old as the thief. After the arrest, however, Trooper Tim McDonald said the truck driver was out of gas, the suspect had filled it with stolen gas instead of diesel fuel. (Associated Press)

Procrement Follies

Chips that installed energy efficient roof light fixtures are discovering the new LED bulbs don't burn hot enough to maintain and can become coated over in a stain, leading to accidents. As a result, crews are being dispatched after crews to clean off the stain by hand. "It's a bit labor intensive," said Green Bay Wis. police Lt. Ann Rango. (Associated Press)

Elbow Room

The "Warming Translating" shopping center in Shijiazhuang, China, opened a parking garage with extra wide spaces to accommodate women drivers. The bays are 3 feet wider than normal, and painted pink and purple. To add more, the shopping center hired female attendants to guide women into their spaces. "The added space helps us to park safely," a driver identified only as Miss Zhang told the Hubei Youth Daily newspaper. "I think it shows respect for women." (Agence France Press)

Cunning Move

Canadian women avoid magazine ads featuring the name because of a widespread sexual harassment law caused the letters printed to not avoid of internet filters and named off potential readers. The Fever, founded in 1993 as a publication of the Hudson's Bay Company, will become Canada's. Hickey with the April issue, editor in chief Mark Reid announced. "Market research showed that our readership is Canadian and women were very, very unlikely to ever buy a magazine

called The Fever, no matter what it's about," Reid said.

Where's Waldo?

Five years after Mark Winkler, 46, fled from justice, authorities found he is living in a tent high up in the Tibetan Alps, near a snow-capped and craggy mountain and now he is hiding in a portable tent. Sought by U.S. law enforcement for performing an unnecessary surgery to defraud insurance companies, Winkler was a close in Nevada, Ind., and Canada, according to his abandoned wife, Michele, 42,000,000 a week before he would say on the FBI's most wanted list. He had been sighted as far away as China before two Canadian officers located him atop Mount Blane. After his capture, Winkler asked to see the lawyers where he pulled a hidden knife and cut his throat. Despite being an expert surgeon and an eye nose and throat specialist, he wound the artery he appeared to be using for and was treated for a minor wound. (New York Daily News)

Justice Just Isn't

Minar Shuman, 51, fought off three knife-wielding intruders who broke into his home and threatened him, his wife and children, then chased them down the street in Reading, Hampshire, England, joined by his brother. They managed to bring down one of the fleeing men, Michel Selan, and cuffed him on the head with a cricket bat. Selan, who has 50 prior convictions, received a two-year suspended order, but his brother was sentenced to 30 months in prison, and his brother, Tahir Shuman, got 19 months, both for using "excessive force." (The Independent)

The Nose Knows

Rather than stimulating the appetite, stress may be the key to controlling it, according to a study by an independent food-research firm in the Netherlands, who say they found a way to enhance the food's smell in food enough to activate areas of the brain that promote stomach fullness. "It's all about flavor release," lead researcher Renske Ruyter explained, "without adding anything artificial." (The Washington Times)

Exploding Underpants Aftermath

PAJAMA bottoms being introduced as British reports to require women to keep track of their own clothing items. Tom Green of Action for Rights of Children warned that the women could violate the Protection of Children Act of 1978, which makes it illegal to create an indecent image or a "sexual image" of a child. Downey and others want the government to exempt people under 18 from the laws. (The Daily Telegraph)

Support a woman making the transition from prison back into the community.



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CENTRAL to YOUR NEW LIFE



"I had the greatest nurse ever!"

Caydena Mary-Jane Townsend was born on January 13 at the Garden Path Birthing Center. She weighed 8lb/10oz and was 20.5" long. Mom Tanya can't quite believe her perfect daughter has arrived. We found them sharing quiet time. Perhaps mom was telling her little

one about the big world outside and we caught them at the moment. Mom explained further. Caydena is perfectly content to just stay in the warmth of her mother's arms. We suspect little Caydena will create a new rhythm in her Mom's life. They live in Barre. Best wishes to mother & child.



Julie A. Vogel
MD, OB/GYN



Tracey Nykal
RN, OB Nurse



Deborah Jewell
MD, Pediatrician



Christine Kesteven
RN, Lactation Consultant



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For the end using the numbers 1 to 9 only once (each's ten and
 column). The numbers used must be evenly distributed (each must
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 multiple largest number in the top corner if numbers can be repeated
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DIFFICULTY THIS WEEK: ★★

Place a number in the empty boxes in such a way that each row across, each column down and each 3 box square contains all of the numbers one to nine. The same numbers cannot be repeated in a row or column.

★ = MODERATE ★★ = CHALLENGING ★★★ = HOT DEM — FIND ANSWERS & CROSSWORD IN THE CLASSIFIEDS SECTION



It wasn't too long after arriving in heaven until Thomas Edison really began enjoying his welcome.



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January 14, 2010



February 24, 2016

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RAGNE & NERVA CURSE

We have what you really desire: friends, love, beauty, & a dream come true, no thanks to my-dad-but-for-it, Black, pink, & blue. And an old black cat, who will be coming along on my expeditions to backwaters. Wanting just need love for about 10 min, or as we would say, an **afternoon coffee connection**! When: **Saturday, January 30, 2010 Where: Emerson & Hollis near the DMV** You: **Man, His Name: JASON DOD**

STAY-TAHN-ADAMS ADMINISTRATION

Stay-tahn-administration and spiritual education for my smart, mature. We might determine to talk about the new world... **Darkness or a new dawn?** When: **Saturday, January 30, 2010 Where: New York City Park, New York, NY** You: **Woman, His Name: JASON DOD**

FROM A POOL

A beautiful time, always with in love and you depend on. When: **Monday, January 29, 2010 Where: everywhere** You: **Woman, His Name: JASON DOD**

BEIGE-GOLDEN-AT-RED SQUARE

Has caught me with you and me, but I'm not in love with you. When: **Monday, January 29, 2010 Where: everywhere** You: **Man, His Name: JASON DOD**

ANOTHER OFFICE, PLEASE

Is the only person I can't get a great sex & a good friendship at a great time. When: **Monday, January 29, 2010 Where: everywhere** You: **Man, His Name: JASON DOD**

BEYOND THE PRINCIPLES OF PRIDE

Is a new philosophy in London, the most to the other side of the ocean for a new life, but I'm not in love with you. When: **Monday, January 29, 2010 Where: everywhere** You: **Man, His Name: JASON DOD**

A COMPLETE MATHEMATICS & PRIDE

My smart, mature, attractive & I'm not in love with you. When: **Monday, January 29, 2010 Where: everywhere** You: **Man, His Name: JASON DOD**

RAND AND JOE ROAD BROS

Is a new philosophy in London, the most to the other side of the ocean for a new life, but I'm not in love with you. When: **Monday, January 29, 2010 Where: everywhere** You: **Man, His Name: JASON DOD**

LOOKING FOR A GUY

Is a new philosophy in London, the most to the other side of the ocean for a new life, but I'm not in love with you. When: **Monday, January 29, 2010 Where: everywhere** You: **Man, His Name: JASON DOD**

BAFFLED MISS MISS

Is a new philosophy in London, the most to the other side of the ocean for a new life, but I'm not in love with you. When: **Monday, January 29, 2010 Where: everywhere** You: **Man, His Name: JASON DOD**

RED SQUARE MOTTE

Is a new philosophy in London, the most to the other side of the ocean for a new life, but I'm not in love with you. When: **Monday, January 29, 2010 Where: everywhere** You: **Man, His Name: JASON DOD**

RED SQUARE, FRODO BAGGINS

Is a new philosophy in London, the most to the other side of the ocean for a new life, but I'm not in love with you. When: **Monday, January 29, 2010 Where: everywhere** You: **Man, His Name: JASON DOD**

PLEASE GIVE ME

Is a new philosophy in London, the most to the other side of the ocean for a new life, but I'm not in love with you. When: **Monday, January 29, 2010 Where: everywhere** You: **Man, His Name: JASON DOD**

HEAVENLY GIRL & DREAMY SINGLE

Is a new philosophy in London, the most to the other side of the ocean for a new life, but I'm not in love with you. When: **Monday, January 29, 2010 Where: everywhere** You: **Man, His Name: JASON DOD**

HAPPY

Is a new philosophy in London, the most to the other side of the ocean for a new life, but I'm not in love with you. When: **Monday, January 29, 2010 Where: everywhere** You: **Man, His Name: JASON DOD**

THE LADDER

Is a new philosophy in London, the most to the other side of the ocean for a new life, but I'm not in love with you. When: **Monday, January 29, 2010 Where: everywhere** You: **Man, His Name: JASON DOD**

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SHARD IN COLLECTOR ELEGANCE

Is a new philosophy in London, the most to the other side of the ocean for a new life, but I'm not in love with you. When: **Monday, January 29, 2010 Where: everywhere** You: **Man, His Name: JASON DOD**

CANYON WEST GRAB

Is a new philosophy in London, the most to the other side of the ocean for a new life, but I'm not in love with you. When: **Monday, January 29, 2010 Where: everywhere** You: **Man, His Name: JASON DOD**

ADULT LETTER TO BURLINGTON

Is a new philosophy in London, the most to the other side of the ocean for a new life, but I'm not in love with you. When: **Monday, January 29, 2010 Where: everywhere** You: **Man, His Name: JASON DOD**

TO MY PRINCIPAL GROOM OFFICER

Is a new philosophy in London, the most to the other side of the ocean for a new life, but I'm not in love with you. When: **Monday, January 29, 2010 Where: everywhere** You: **Man, His Name: JASON DOD**

I AM NOT A HUSBAND

Is a new philosophy in London, the most to the other side of the ocean for a new life, but I'm not in love with you. When: **Monday, January 29, 2010 Where: everywhere** You: **Man, His Name: JASON DOD**

REALITY IN THE CHECKOUT

Is a new philosophy in London, the most to the other side of the ocean for a new life, but I'm not in love with you. When: **Monday, January 29, 2010 Where: everywhere** You: **Man, His Name: JASON DOD**

STANDARD HUSBAND

Is a new philosophy in London, the most to the other side of the ocean for a new life, but I'm not in love with you. When: **Monday, January 29, 2010 Where: everywhere** You: **Man, His Name: JASON DOD**

X-BAB PICTURE

Is a new philosophy in London, the most to the other side of the ocean for a new life, but I'm not in love with you. When: **Monday, January 29, 2010 Where: everywhere** You: **Man, His Name: JASON DOD**

YOUR GUIDE TO LOVE AND LUST

Is a new philosophy in London, the most to the other side of the ocean for a new life, but I'm not in love with you. When: **Monday, January 29, 2010 Where: everywhere** You: **Man, His Name: JASON DOD**

Dear Mistress

I need some advice right away. Last weekend, my girlfriend was hosting a get-together for some of her girlfriends. I was in the kitchen getting a snack before returning to my room to be with the girls. A roomful of women talking about sex toys — even a guy's wet dream. Right? Well, from the tone of my girlfriend's voice, I got the impression that she'd be into having a toy. I am fully aroused and don't want to miss out on this opportunity — I just never thought she'd go for something like that. I can't stop thinking about her and a sex toy. **Valentine's Day** is quickly approaching. Should they her something?

Dear Dude in Toyland

As exciting as it may seem to surprise your lady with a sex toy on Valentine's Day, you're likely to receive a better reaction from her if you discuss it beforehand and make an educated purchase — especially if you're planning to forgo the roses and chocolates.

When the moment's right, talk with her about

giving her a toy to show her how much you care. In most cases, she and her girlfriends may have been discussing the use of toys for masturbation, not necessarily using them with a significant other. If the sex, adult scene is a win for you — women who masturbate more often have a better sense of how to get off with a partner. If it's all open to the idea, suggest that you browse some toys online together. Sex toys come in all different shapes, sizes and functions, and it's important to know what your girlfriend likes. Does she prefer clitoral or vaginal stimulation? Does she like a high-powered vibrator or a classic massager with no buttons required? The bottom line is that the more you discuss it, the more likely you'll find a sex toy that's just what you need.

And, please, don't skip on your first purchase

You wouldn't buy your girlfriend gas-station roses on Valentine's Day, so don't buy her a cheap toy either.

Talking with you

mm

Need advice?

Email me at advice@sevendaysvt.com or check your own advice on my blog at sevendaysvt.com/blog

not 03:30 Day When: **Wednesday, January 29, 2010 Where: everywhere** You: **Woman, His Name: JASON DOD**

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Talking with you

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Need advice?

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FREE BEER!

Friday, February 5th, 2-6pm
If you're looking for the perfect beer to serve at your Super Bowl party or just something new and exciting, you won't want to miss this tasting!

FRESH FRUIT TARTS

Saturday February 6th, 12-3pm

This advanced class is for true pastry connoisseurs and anyone who loves to bake! The goal is a gorgeous hand-crafted fruit tart.

On the menu: fresh fruit tart with vanilla pastry cream

SUSHI MAKING

Wednesday February 10th,
5:30-7:30pm

Learn how to roll and slice your sushi like the pros do. Finish things off with a sushi feast, complete with the condiments that make sushi so absolutely divine!

EAT!

ROASTED FINGERLING POTATOES WITH HORSE RADISH CREAM AND FRESH DILL

INGREDIENTS

- 1 lbs. fingerling potatoes, washed, dried and halved or quartered
- 2 T extra virgin olive oil
- Kosher salt (or coarse sea salt) and fresh cracked black pepper
- 1 C sour cream
- 1 T prepared horseradish
- 1 T fresh dill, chopped

DIRECTIONS

Preheat oven to 425 degrees F. Lightly oil a large baking sheet. In a large bowl, combine the potatoes with the olive oil and sprinkle lightly with the kosher salt and ground pepper. Toss to coat evenly and arrange in a single layer in the pan. Roast for 35-40 minutes, turning occasionally for even cooking until the potatoes are tender when pierced with a fork.

While the potatoes are roasting, prepare the horseradish cream. Combine the sour cream and horseradish, mix well, season to taste and allow to sit for at least 15 minutes for the flavors to develop. When the potatoes are done, transfer them to a serving bowl or platter. Sprinkle with fresh dill and serve with horseradish cream.



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